Community Health and Substance Use Services

Listed services are able to be accessed through self-referral

Category	Type of Service	Name of Program	Organization	Location	Contact Information	Hours of Operation	Days of Operation	Notes
Sexual Health & Blood-Borne Infections	Sexual Health Clinic, HIV Case Management/Outreach	Sexual Health and Blood-Borne Infections Team (SHBBI)	Fraser Health	Abbotsford Public Health Unit, Unit 104 - 34194 Marshall Rd	604-864-3400 (General); 604-702-4906 (Appointment)	Wednesdays: By appointment: 12:00 PM-3:00 PM Drop-in: 4:00 PM-7:00 PM Thursdays: Booked appointments: 8:45 AM-12:00 PM Drop-in: 1:00 PM-4:00 PM	Wednesdays and Thursdays	Public Health team providing sexual health clinics and HIV case management services. Sexual health clinics are self-referral. HIV case management is accessed via Central Intake.
	HIV Case Management / Central Intake	HIV Clinical Case Management - Central Intake	Fraser Health	Regional / no fixed site	HIV CM: 604-587-6788 Central Intake: 1-833-866-6478	12:00-3:00 PM; 4:00-7:00 PM; 8:45-12:00 PM; 1:00-4:00 PM	Wed; Wed; Thurs; Thurs	Phone-based central intake for HIV clinical case management through Public Health. Connects individuals to HIV case management services delivered by the Sexual Health and Blood-Borne Infections (SHBBI) team. Central intake 7 days/wk 8:30-8:30
Harm Reduction & Safer Use	Harm Reduction Services	Harm Reduction Services - Public Health Unit	Fraser Health	Abbotsford Public Health Unit, Unit 104 - 34194 Marshall Rd	604-864-3400	8:30 AM-7:30 PM; 8:30 AM-4:30 PM	Mon-Fri; Sat, Sun & Holidays	Supplies, disposal, THN, drug checking.
	Harm Reduction Distribution and Services	Harm Reduction Supplies and Services	Canadian Addiction Treatment Centres (CATC)	33634 Busby Rd, Abbotsford	604-870-9925	9:00 AM–4:00 PM; 9:00 AM–5:00 PM; 9:00 AM–5:30 PM;	Mon-Fri	Primarily an OAT clinic offering same-day starts; walk-in or referral accepted. Counselling also available. Call ahead as hours may vary by day.
	Harm Reduction Outreach	Mobile Van Harm Reduction Outreach	Lookout Housing and Health Society	Mobile / community-based	604-308-8296	8:00 AM-4:00 PM	7 days/week	Supplies, THN, health services, drug testing.
	Harm Reduction Outreach	Harm Reduction Outreach Team	Abbotsford Impact Society Drug War Survivors	Community-based outreach	604-226-3031	8:00 AM-4:00 PM (Based on needs)	7 days/week	Peer-led outreach; supply distribution and retrieval. Schedule may vary based on outreach needs.
	Harm Reduction Drop Off	Safe Sharps Disposal Site Finder	Multiple Organizations	SAFE SHARP DISPOSAL FINDER	Refer to map	Refer to map	Refer to map	All information for sites found within link.
	Harm Reduction Map	Harm Reduction Site Finder	BCCDC Harm Reduction Services	SITE FINDER	Refer to map	Refer to map	Refer to map	Sites shown with information on web map. Take Home Naloxone (THN) locations shown.
Substance Use & Recovery	Recovery Community Centre	Junction Recovery Community Centre - Abbotsford	Fraser Health	102-32463 Simon Ave, Abbotsford	604-851-3754	12:00 PM-4:00 PM	Mon-Sat	Low-barrier, recovery-oriented community space offering peer support, groups, social connection, and service navigation for adults (19+). Abstinence not required; walk-in/self-referral. Not a clinical site and not an OPS.
Overdose Prevention & Toxic Drug Response	Overdose Prevention Site	Mobile Overdose Prevention Site (mOPS) - Abbotsford Regional Hospital and Cancer Centre	Lookout Housing and Health Society	32900 Marshall Rd, Abbotsford	778-201-8029	12:00 PM-6:30 PM	7 days/week	Observed consumption site. Harm reduction supplies; drug checking (Testing strips only).
	Overdose Prevention Site	Episodic OPS - Cheque Week	Abbotsford Impact Society with MSDPR	2684 Trinity St, Abbotsford	604-226-3031	12:00-4:00 PM; 9:00 AM-4:00 PM; 9:00 AM-4:00 PM; 12:00-4:00 PM; 12:00-4:00 PM	Fri (pre-cheque); Wed (cheque wk); Thurs (cheque wk); Fri (post); Mon (post)	Tied to income assistance cheque distribution.
	Addiction Medicine / Rapid Access Clinic	Abbotsford - Rapid Access to Addiction Care (RAAC) Clinic	Fraser Health	240-31935 South Fraser Way, Abbotsford	604-851-3752; Fax 604-851-1636	8:30 AM-4:30 PM	Mon-Fri	Low-barrier addiction medicine assessment and stabilization; walk-in or appointment; self-referral accepted; connects clients to ongoing treatment and community supports.
	Walk In Clinic Addiction Treatment	Addiction Medicine Program	trueNorth	107-32615 South Fraser Way, Abbotsford	604-504-2022	9:00 AM-1:00 PM	Mon-Fri	Offers substance use treatment on a walk-in basis including Methadone Treatment, Suboxone Treatment, Kadian Treatment, Alcohol Use Disorder Treatment and Benzodiazepine Taper. MSP covered services. No appointment or referral needed.
	Toxic Drug Response	Overdose Outreach Team (OOT)	Fraser Health	Community-based outreach	236-332-4857; oot@fraserhealth.ca	8:30 AM-4:30 PM	Mon-Fri	Harm reduction supplies, navigation, overdose prevention planning. Anyone can submit a completed referral form.
Drug Testing Resources	Drug Testing	Fentanyl Testing Strip Distribution	Multiple Organizations	All OPS, HR Sites, Mobile HR Services, OOT, and PHU	No public phone	Refer to individual sites	Refer to individual sites	Refer to individual sites for various services offered.
	Drug Testing (FTIR)	FTIR Drug Checking - Red Lion Inn & Suites	Mountainside Harm Reduction Society	2509 Pauline St, Abbotsford	No public phone	11:00 AM-5:00 PM	Friday	Public access; ~5mg sample required.
	Drug Testing (FTIR)	FTIR Drug Checking - Abbotsford OAT Walk In Clinic	Mountainside Harm Reduction Society	108-2777 Gladwin Rd, Abbotsford	No public phone	1:00 PM-5:00 PM	Tuesday	Public Access.
	Drug Testing (FTIR)	FTIR Drug Checking - Cole Starnes Residence	Mountainside Harm Reduction Society	1670 Riverside Rd, Abbotsford	No public phone	12:00 PM-6:00 PM	Every 2nd Saturday	Residents prioritized; Samples welcome from non-residents.
Primary Care & Nursing	Primary Care	Abbotsford Urgent and Primary Care Centre (UPCC)	Fraser Health	2692 Clearbrook Rd #100, Abbotsford	604-870-3325	9:00 AM-8:00 PM	Mon-Sun	Primary care attachment Mon-Fri 9:00 PM-4:00 PM (Patients must already be connected with a doctor).
	Nurse Practitioner Services	Nurse & Nurse Practitioner Services	Salvation Army	34081 Gladys Ave, Abbotsford	604-852-9305 ext 1197	8:30 AM-4:30 PM	Mon-Fri	Call prior if possible.
Basic Needs - Showers & Laundry	Shower	Showers	Salvation Army	34081 Gladys Ave, Abbotsford	604-852-9305	1:00 PM-3:00 PM	Mon-Sun incl holidays	Call prior if possible.
	Laundry	Laundry	Salvation Army	34081 Gladys Ave, Abbotsford	604-852-9305	1:00 PM-3:00 PM	Mon-Sun incl holidays	Call prior if possible.
	Laundry	Laundry	CEDAR Outreach	34561 Delair Rd, Abbotsford	604-768-7864	8:00 AM-4:00 PM	Tues & Thurs	Booking required; same-day pickup; last load at noon.
Housing, Income and Systems Navigation	Income Tax Supports	Abbotsford Association for Healthy Aging	Abbotsford Association for Healthy Aging	33140 Mill Lake Rd, 3rd Floor, Abbotsford	604-854-1733 info@abbotsfordhealthyaging.ca	9:00 AM-4:00 PM	Mon-Fri	Recommended to call prior or email. Free income tax service for vulnerable populations. CRA defined lower income. Service available 365 days/year
	Systems Navigation	Community Integration Specialist (CIS)	MSDPR	2684 Trinity St, Abbotsford	1-866-866-0800	9:00 AM-12:00 PM; 1:00 PM-4:00 PM	Mon-Fri	Provides income assistance, disability assistance, and referral to employment services for individuals who are unemployed, underemployed, awaiting other income, or unable to work. Online applications are available at https://www.myselfserve.gov.bc.ca/

Category	Type of Service	Name of Program	Organization	Location	Contact Information	Hours of Operation	Days of Operation	Notes
Vulnerability Assessment Tool (VAT)	VAT Completion	VAT Completion	CEDAR Outreach	Mobile / community-based	No specific public phone (Referral)	7:00 AM-3:00 PM	7 days/week	Usually done upon request or when bringing client forward for CAA Table.
	VAT Completion	VAT Completion	Pacific Community Resources Society (PCRS)	Mobile / community-based	No specific public phone (Referral)	8:30 AM-4:00 PM	Mon-Fri	Uses a trauma-informed approach to VAT completion. Completes VATs only when preparing a client for CAA; process is planned with the client and done relationally (e.g., sharing a meal) to reduce intrusiveness and re-triggering. Not used as a routine intake tool.
	VAT Completion	VAT Completion	BC Housing	Mobile / community-based	No specific public phone (Referral)	8:00 AM-5:30 PM	Mon-Fri	VAT completion is typically conducted by trained outreach partners. System partners (e.g., BC Housing) may accept, review, or support VATs but are not general access points for completion.
Outreach & Coordinated Response	Outreach / Housing & Health	Integrated Homelessness Action Response Team (IHART)	Fraser Health	Community-based outreach	604-613-8964; IHART.Abbotsford@fraserhealth.ca	8:30 AM-4:30 PM	7 days/week	Low-barrier, wraparound outreach healthcare team supporting individuals experiencing homelessness with health care, mental health, substance use support, harm reduction, and system navigation.
Mental Health & Substance Use	Harm Reduction Distribution, Counselling, and Recovery Support	Abbotsford Addictions Centre Services	Archway Community Services	Abbotsford Addictions Centre, Suite #202-31943 South Fraser Way	604-850-5106	9:00 AM–12:00 PM; 1:00 PM–2:00 PM; 3:00 PM–4:00 PM	Mon-Fri	Harm reduction supplies provided upon request and THN. Public facing. Call prior for questions.
	Mental Health & Substance Use Centre	Mental Health Centre - Abbotsford	Fraser Health	Unit 11 - 32700 George Ferguson Way, Abbotsford	604-870-7800	8:30 AM-4:30 PM	Mon-Fri	Adult community mental health and substance use centre providing assessment, treatment, and follow-up services. Harm reduction supports available as part of clinical care; not an OPS.
Youth Health Services	Youth Health	Foundry Abbotsford Youth Health	Foundry BC	#101-32555 Simon Ave, Abbotsford	604-746-3392	9:00-5:00 PM; 11:00-6:30 PM; 10:00-6:00 PM; 10:00-6:00 PM; 10:00-4:30 PM	Mon; Tues; Wed; Thurs; Fri	Self-referral; youth up to age 24. Phone closes at 3:00 PM Monday, and closes at 12:30 PM on Friday.
Virtual / Phone-Based Supports	Virtual Overdose Prevention	National Overdose Response Service (NORS)	NORS	NORS	1-888-688-6677	24 hours	7 days/week	Virtual safe consumption service; phone-based support.
	Virtual Care	Fraser Health Virtual Care	Fraser Health	FH VIRTUAL CARE	1-800-314-0999	10:00 AM-10:00 PM	7 days/week	Connects clients to Fraser Health services.
	Overdose Alerts	FH Overdose Alerts	Fraser Health	FH OVERDOSE ALERTS	Refer to website link	Refer to website link	Refer to website link	Provides drug alerts via text and email.
	Harm Reduction Information	FH Stay Safer Resources	Fraser Health	FH STAY SAFER RESOURCES	Refer to website link	Refer to website link	Refer to website link	Information and resources for safer substance use.
	Harm Reduction Supplies (Online)	FH Harm Reduction Online	Fraser Health	FH HARM REDUCTION ONLINE	Refer to website link	Refer to website link	Refer to website link	Online ordering of harm reduction supplies; delivered by mail.
	Provincial Resource Hub	Toward the Heart	BCCDC	TOWARD THE HEART	Refer to website link	Refer to website link	Refer to website link	Provincial harm reduction information and resources.
	Safer Use App	Lifeguard App	Lifeguard Digital Health	LIFEGUARD APP	Refer to website link	24 hours	7 days/week	Includes “Use Alone Timer” for safer consumption.
	Virtual Care	Virtual Health Addictions Clinic (VHAC)	Fraser Health	VHAC	No direct line; for information contact 1-833-866-6478	Referral only	Referral only	Virtual addiction medicine support providing assessment and treatment consultation. VHAC can be accessed through Abbotsford Hospital and is connected via IHART or Intensive Case Management (ICM) teams.
	Same-Day Care for Opioid Addiction	HelpsStartsHere	Ministry of Health	HELPSTARTSHERE	1-833-804-8111	9:00 AM-4:00 PM	7 days/week	The Opioid Treatment Access Line makes it faster and easier to access life-saving medication that prevents withdrawal symptoms and reduces the risk of overdose, and to get connected to support that same day.