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Abbotsford Service Provider MENTAL HEALTH CROSS REFERRAL GUIDE

1	EMERGENCY	Abbotsford Hospital: 604-851-4700 or 9-1-1
2	High Risk of Suicide	Suicide Crisis Helpline: 9-8-8 Fraser Health Crisis Line: 1-877-820-7444
3	ADULT Mental Health Support	Abbotsford Mental Health: 604-870-7800
4	CHILD/YOUTH Mental Health Support	Child and Youth Mental Health: 604-870-5880 The Foundry: 604-746-3392 Acute crisis concerns: START East 604-743-0765
5	ADULT Substance Use	Abbotsford Addictions: 604-850-5106 Rapid Access to Addiction Care Clinic: 604-851-3752
6	CHILD/YOUTH Substance Use	Matsqui Abbotsford IMPACT Society: 1-800-397-0260 Acute crisis concerns START East: 604-743-0765
7	Supporting Adult Friend or Family Member	Family Support Services: 1-833-898-6200
8	Counselling Support	Archway Community Services: 604-859-7681 BeMorr Society: bemorr society@gmail.com
9	Indigenous Support	Fraser Health Indigenous Health Liaison 1-866-766-6960 Indian Residential School Crisis Line: 1-866-925-4419 Fraser Valley Métis Association 604-621-6226
10	Cultural / Newcomer Supports	Archway Multicultural Department: 778-345-8013 South Asian Health Institute (SAHI): 236-332-6455 Archway Settlement Team: 604-859-7681
11	Older Adult	Older Adult Mental Health: 604-870-7800 Alzheimer Society of BC: 1-800-936-6033
12	Suspected Psychosis	Early Psychosis Intervention (Ages 13 - 30): 1-866-870-7847
13	Legal / Justice	Family Justice Centre: 604-851-7055 BC First Nations Justice Council 1-866-786-0081
14	Intimate Partner Violence	SARA for Women: 604-855-3363 Specialized Victim Assistance Program: 604-859-7681 ext 275
15	Domestic Abuse/Family Violence/Protection Concerns	MCFD - Child Protection: 1-800-663-9122 Xyolhemeylh Abbotsford - Fraser Valley Child and Family Services Society: 604-855-3328
16	Income Support	Ministry of Social Development and Poverty Reduction Community Integration System: 1-866-866-0800
17	Grief/Loss	Abbotsford Hospice & Grief Support Society: 604-852-2456

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CALL 211 for help connecting with essential supports.