



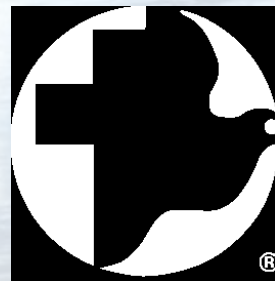
The KAIROS Blanket Exercise

You are invited to attend “The KAIROS Blanket Exercise” – the Indigenous History most people were never taught! This interactive learning experience teaches Indigenous-Canadian history as a step toward reconciliation. Participants take on the roles of Indigenous peoples, standing on blankets that represent the land. We walk through pre-contact, treaty-making, colonization and resilience. There is a debrief session for participants to discuss the experience.

June 17th, Starts at 9am - Doors open at 8:30 am

Legacy Sports Centre Banquet Room

3270 Trethewey St., Abbotsford



*Please bring a small blanket or throw that people can stand on.
(Please bring or wear socks.)

Facilitated by Bridget Findlay, MCC BC Indigenous Neighbours Program Coordinator

