

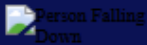
Case Study: Lila

How would you engage in Advance Care Planning with this client/patient?

SOCIAL AND MEDICAL HISTORY

Lila,
Female, 79 years old

Children are concerned about the aging process, forgetfulness, fragility and mini strokes



FALLS

Lila falls at home and is alone for 12 hours



DECLINE

Health and cognitive changes

- Lila is a 79 year old female with Type 2 diabetes and hx of TIA's and falls
- Lila has three children; 1 dtr, 2 sons
- Dtr works in healthcare and believes in the importance of balancing life quality and quantity.
- The family looks towards the daughter for decisions.
- The children tried to increase help at home; Lila does not feel she needs additional help.

UPDATE

- Lila attends a follow up appointment at the Seniors Clinic today; repots increased forgetfulness and falls.
- Lila's daughter reports Lila fell last week and was on the floor for 12 hours before her daughter found her.
- Lila states it is important she is able to remain independent in her home.
- Lila also stated she does not want "heroic measures" or "machines" and wants a natural death if her health is poor.

QUESTIONS

- How might you engage in Advance Care Planning conversations with Lila and her family?
- What would you document from your conversation?

How do we anticipate coping with loss?

