

Traverse

Youth Substance Use Treatment Centre



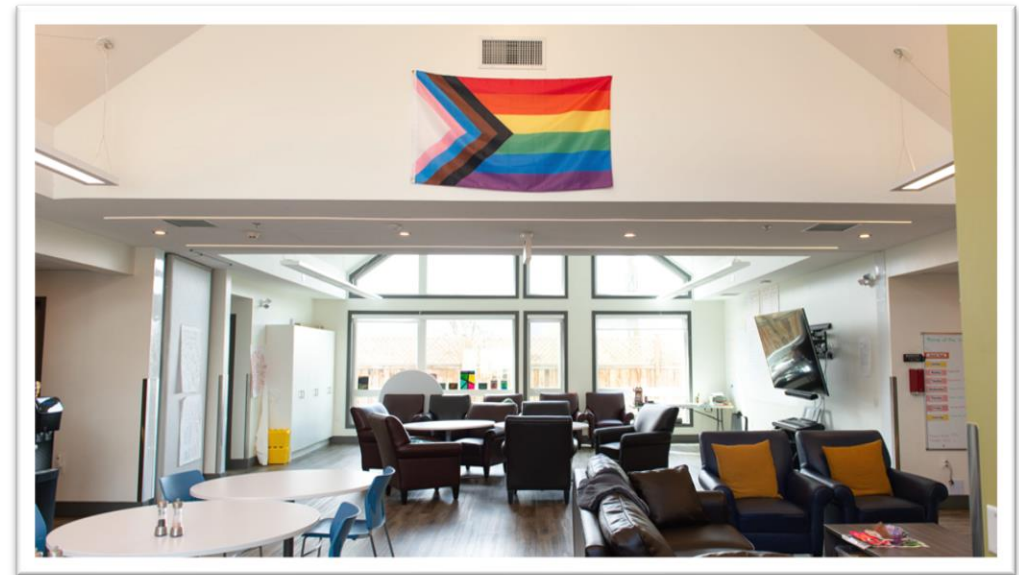
Acknowledgement

- Our program operates and is located on the unceded and ancestral territory of the Stó:lō people.
- The youth and people with lived/living experience inform our practice, those who came before us guide our program to meet youth where they are at. We honor and express gratitude for their wisdom. “Nothing about us, without us.”



Overview

- Voluntary bed-based substance use program for youth aged 13-18 currently living in Fraser Health Region.
- Stay up to 6 months, youth decide their length of stay.
- Group based structure with access to counselling, medical care, recreation activities, and life skills.
- Ability to connect to cultural practices.
- Accomplishment and opportunity-based progression – youth paced.
- Pass structure and community reconnection.
- Topics discussed in program include;
 - Substance use
 - Mental health
 - Physical health
 - Education
 - Hobbies and skill development
 - Relationships and belonging
 - Leadership and community



Referral Information and Process

- Prior to referral, the youth needs to be connected with a community based mental health or substance use professional, such as:
 - Mental Health and Substance Use clinicians within Fraser Health
 - Substance Use Counsellors contracted by Fraser Health
 - Child and Youth Mental Health clinicians at MCFD
- Referrals go through Fraser Health centralized referral system, Shannon Smith reviews and collects additional information prior to Intake team review.
- To be eligible for program;
 - Age 13-18 located in Fraser Health region; some exceptions can be discussed.
 - Substance use is primary concern.
 - Absence of severe behaviour concerns for 6 months before referral (violence, fire setting, elicit sex trade) and 3-month absence for suicide attempt.
 - Willing and able to participate in programming
 - Have safe housing to engage in passes, and safe exit plan.

Referring Agent

Involvement

- Connect with the youth regularly before intake to support with treatment readiness and through the Traverse intake process.
- Schedule regular reoccurring meetings with the youth at Traverse (phone, zoom, in-person) and attend bi-weekly virtual care team meetings, facilitated by Traverse.
- Support with transition planning and provide continued support for the youth after they graduate or safe exit from Traverse.



Thank you!

Contact Info

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