

WHERE TO CALL FOR HELP



SCAN to access complete BC 211 Directory on your mobile device.

Abbotsford Police (APD) non-emergency 604-859-5225

APD Victim Services 604-864-4757

Battered Women's Support Services Crisis Line

CALL 1-855-687-1868 TXT 604-652-1867 **24/7**

BC Bereavement Helpline 1-877-779-2223

BC Crime Victim Assistance Program 1-866-660-3888

BC Crisis Centre 1-800-SUICIDE (784-2433) **24/7**

BC Mental Health Support Line 310-6789 **24/7**

Fraser Health Crisis Line 24/7 604-951-8855 or 1-877-820-7444

Help Line for Children 310-1234 / TDD: 1-866-660-0505 24/7

Indian Residential School Survivors Society 800-721-0066 **24/7**

Kids Help Phone 1-800-668-6868 TXT CONNECT to 686868

24/7

Métis Crisis Line 1-833-638-4722

Rape Crisis Centre's Crisis and Information Line CALL

604-255-6344 TXT 604-245-2425 **24/7**

Seniors Abuse and Information Line (SAIL) 1-866-437-1940

M-F 8-8 SS 10-5:30

START ages 6-18 1-844-782-7811

Suicide Crisis Helpline 9-8-8 24/7

VictimLinkBC 1-800-563-0808 call or text 24/7

Youth Against Violence Line 1-800-680-4264 24/7

OUTREACH

Abbotsford Mission Assertive Community Treatment (ACT) Team 236-332-3438 OR 604-851-3750

CEDAR Outreach 604-835-5225

Ground Zero Ministries 1-888-712-2980

Fraser Valley Brain Injury Association 604-557-1913

Fraser Health Indigenous Outreach Team 604-701-3660

Intensive Case Management (ICM) Team 604-870-3353

Integrated Homelessness Action Response Team (IHART)

604-613-8964

Lifeline Outreach Society 604-728-7551

Lookout Health Contact Centre 778-201-8029

Lookout Harm Reduction Outreach 604-308-8296

Lotus Humanitarian Society 604-855-5562

5&2 Ministries 604-613-4432

Pacific Community Resources Society 604-795-5994

Salvation Army Outreach 604-302-7205

Union Gospel Mission 604-612-0527 or 604-833-1402

Youth Resource Centre Street Outreach 604-870-4972

SERVICES FOR WOMEN

L.I.F.E. Recovery 604-855-4440

Nisa Foundation 1-888-456-8043 ext 402

Pearl Life Renewal Society (for women exiting the sex trade):

604-402-4673 10am-3pm

SARA for Women 604-855-3363

The Womens' Centre Drop In Thursdays 10-11:30am Sept -June

1661 McCallum Road 604-852-1001

SUBSTANCE USE SUPPORT

Abbotsford Addictions 604-850-5106 202-31943 S Fraser Way

Abbotsford Health Centre OAT Clinic 604-870-9925

33634 Busby Rd M&Fr 9-4, Tu 9-5, W&Th 9-530

Abbotsford Junction 604-851-3754 102-32463 Simon Ave,

Tues-Sat12-4pm; DEW Program, 604-585-5610, Mon-Sun

Drug War Survivors (DWS) 1-800-397-0260

Fraser Valley Addictions & Recovery Hub 236-887-3870

Fraser Health Overdose Outreach Team (OOT) 236-332-4857

Matsqui-Abby Impact Society YOUTH & DWS 1-800-397-0260

McCallum Health Centre 604-744-5016 105-2481 McCallum Rd

OAT Clinic 604-755-4408 **Outreach:** 604-615-6008

Opioid Treatment Access Line 1-833-804-8111

Rapid Access to Addiction Care (RAAC) / OAT Clinic

604-851-3752 M-F 9-5 240-31935 South Fraser Way **Substance**

Use Services Access Team (SUSAT) 1-866-624-6478

Union Gospel Mission 604-253-3323

BED-BASED TREATMENT & RECOVERY

Into Action Recovery Men's Addiction Centre 778-601-4800

Joshua House Men 19+ only 604-858-7279

Kinghaven Treatment Centre Men 19+ 604-864-0039

L.I.F.E. Recovery Women 19+ 604-855-4440

Peardonville House Women 19+ 604-856-3966

Ruth & Naomi's Men & Women 19+ 604-392-6445

Salvation Army Next Steps Men 19+ 604-852-9305 ext 131

PCRS Traverse Youth Substance Use Mental Health 236-892-0510

Union Gospel Mission Men & Women 19+ 604-253-3323

MENTAL HEALTH SUPPORT

Abbotsford Hospice & Grief Support Society 604-852-2456

Abbotsford Mental Health 604-870-7800 8:30-4:30 M-F

11-32700 George Ferguson Way

BeMorr Society bemorrssociety@gmail.com

Early Psychosis Intervention Program Fraser Health

1-866-870-7847 101-32555 Simon Ave

Family Support Services, Fraser Health 1-833-898-6200

Help with Mental Health in BC: HelpStartsHere.gov.bc.ca

Older Adult Mental Health 604-870-7800

M-F 8:30 - 4:30 11-32700 George Ferguson Way

Telecare Crisis and Caring Line 604-852-9099

INCOME, EMPLOYMENT, LEGAL, ID RECOVERY

Buxton Consulting Employment Services 604-504-5419

Community Futures South Fraser (entrepreneurs & small

business support) 604-392-5133

Community Legal Advocacy Centre 604-743-0345

Credit Counselling Society 1-604-859-5757

EMBERS Staffing Solutions 604-226-0106

Legal Aid BC Family LawLINE 1-866-577-2525

Ministry of Social Development and Poverty Reduction

(income assistance) 1-866-866-0800

Triangle Community Resources 604-859-0033

Tenant Resource & Advocacy Centre 1-800-665-1185

WorkBC Employment Services 778-314-1003

YOUTH SUPPORTS

Abbotsford Hospice & Grief Support Society ages 3 and up,

along with families 604-852-2456

Child and Youth Mental Health 12-18 yrs 604-870-5880 M-F

9-4, Tuesday Walk-In Intake 2828 Cruickshank street

Cyrus Centre 12-18 and 19-24 years 604-856-5773

12:30-7:30pm 7d/w 2616 Ware St

Matsqui-Abby Impact Society YOUTH 1-800-397-0260

The Foundry 12-24yrs 604-746-3392 M-F 32555 Simon

Youth Resource Centre 12-18yrs 604-870-4972 2420

Montrose Ave

Youth Unlimited 604-852-2725 1A-2760 Emerson M-Th 9-4:30

SENIORS SUPPORTS

Abbotsford Association for Healthy Aging 604-854-1733

Abbotsford Peer Support for Seniors 604-850-0011

Archway Seniors Service 604-870-3763

Office of the Seniors' Advocate 1-877-952-3181

Seniors Clinic Abbotsford Hospital 604-851-4775

South Asian Day Program for Older Adults 236-380-0556

INDIGENOUS SUPPORTS

BC First Nations Justice Council 1-866-786-0081

Fraser Health Indigenous Health Liaison 1-866-766-6960

Fraser Health Indigenous Outreach Team 604-701-3660

Fraser Valley Métis Association 604-621-6226

Métis Nation British Columbia 604-557-5851

PCRS Indigenous Peer Support 236-622-3703

VYPER Youth 1-800-397-0260

Xyóíheméyíh Abbotsford 604-855-3328

STREET CARD

Resources & Services

CITY OF ABBOTSFORD

updated May 2026

In case of emergency call 911

For help finding services call 211

For medical support call 811



Digital Street Card



All questions, edits, updates email abbotsfordaccess@abbotsford.ca

PERMANENT SHELTERS

Centre of Hope Men & women 19+ Walk In 34081

Gladys Ave Phone: 604-852-9305 **24/7**

Cyrus Centre Youth 12-18 and 19-24 years. Walk In

2616 Ware St Phone: 604-859-5773 **24/7**

Lighthouse Shelter Men & Women 19+ referral only

Phone: 604-744-1221 **24/7**

Montvue Shelter Men & Women 19+ referral only Phone

236-380-3357 **24/7**

Pauline Shelter Men & women 19+ referral only Phone:

604-776-6305 **24/7**

Penny's Place Women 19+ Intake before 10pm Phone:

604-746-3301 **24/7**

Sparrow Older Adult Shelter Men & women 55+ referral

only Phone: 604-991-6937 **24/7**

Sumas Shelter Men & women 19+ referral only

Phone:604-334-4911 **24/7**



MEDICAL CARE

Abbotsford Regional Hospital and Cancer Centre

604-851-4700 32900 Marshall Rd www.edwaittimes.ca

Abbotsford Urgent and Primary Care Centre

604-870-3325 2692 Clearbrook Road #100

Arukah Hepcure Society 778-650-5657

#4-B100 33765 Essendene Ave M-F 9am-4pm

Fraser Health Virtual Care 1-800-314-0999

Health Link BC (assistance with finding a doctor) Dial 811

Salvation Army - Medical Clinic 604-852-9305

M-Th 8am-4pm, F 8am-12pm 34081 Gladys Ave

The Foundry 12-24yrs 604-746-3392 M-F 32555 Simon

Ave

DROP IN RESOURCE CENTRES



Scan this QR code to view the **Abbotsford Community Health and Substance Use Services Guide**

Listed services can be accessed via self-referral

Cyrus Centre - youth up to 24 yrs 604-856-5773

12:30-7:30pm 7 d/w 2616 Ware St

The Foundry - youth up to 24 yrs 604-746-3392 M-F

hours vary 32555 Simon Ave

Youth Resource Centre 604-870-4972

HOUSING

SUPPORTIVE (TEMPORARY OR SEMI PERMANENT)

Elizabeth Fry Society 604-520-1166

EMBERS Staffing Solutions 604-226-0106

Hearthstone Place 604-776-5060

Lookout Health and Housing Society 604-776-2424

Raven's Moon Resource Society 604-751-4631

SARA for Women 604-855-3363

YOUTH

Cyrus Centre 604-859-5773

EMERGENCY RENT SUPPORT

Archway Community Services 236-380-0575

BC Housing Rental Assistance Program (RAP)

1-800-257-7756

CEDAR Outreach Prevention & Diversion 604-309-1293

Cyrus Centre YOUTH up to age 24 604-859-5773

Lookout Housing and Health Society 604-776-2424

Rent Bank - MCC 604-851-7726

SAFER (Shelter Aid For Elderly Renters) 1-800-257-7756

Salvation Army 604-852-9305 ext 199

Affordable Rental and Subsidized Housing Options

BC Housing Housing Assistance: 1-800-257-7756 or

604-433-2218 www.bchousing.org/housing-assistance

SHOWERS & LAUNDRY

CEDAR Outreach Society Laundry Program Accessible

through outreach workers, call The Nest 604-768-7864

Centre of Hope - Salvation Army 604-852-9305 M-F

34081 Gladys Ave

Cyrus Centre 604-856-5773 2616 Ware St

- ages 12-18 During Drop In Hours 12:30 to 6pm
- ages 19-24 During breakfast 8am-9am or call

Refresh Mobile Shower Thursdays 4:30-6:30pm 33633

Gladys Ave 604-557-3440

FOOD - Groceries and Hampers

Archway Food Banks 604-859-5749

Hampers & self-selected groceries for all Mon-Fri 9am-3:30pm

Satellite locations - evening/weekends

Archway SEVA Food Pantry

Culturally preferred food hampers 604-859-5749 ext. 25

South Asian, Halal & Ukrainian

Blue Bus (Lifeline Outreach Society) 604-728-7551 Self-

selected groceries & hampers

2nd & 4th Sundays 3:30-6pm 33933 Gladys Ave

Cyrus Centre 604-859-5773 Food hampers for youth

7 d/w 12:30-7:30pm 2616 Ware St

Salvation Army Food Cart 604-853-9305

Self-selected groceries & pet food M-Sat 12-1pm

34081 Gladys Ave

Free, Walk-In, No Barrier Meals and Prepared Food Distribution - WEEKLY SCHEDULE



Free, Walk-In, No Barrier Meals and Prepared Food Distribution – Weekly Schedule

Developed by the Abbotsford ACCESS Food Equity and Distribution Working Group

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305
					12:30-3:30pm Union Gospel Mission Mobile Service 604-612-0527 604-833-1402	2:00-3:30pm Ground Zero Ministries Mobile Service 1-888-712-2980
		6:00-7:30pm Ground Zero Ministries Mobile Service 1-888-712-2980	4:30-6:30pm Mennonite Central Committee 33933 Gladys Avenue 604-850-6639	4pm, dinner 6pm The Stream Ministry 14-33550 S Fraser Way 604-556-1668		2 nd & 4 th Sunday 3:30-6:00pm Lifeline Outreach Society (Blue Bus) 33933 Gladys, behind MCC thrift store 604-728-7551
		6:00-7:00pm 5&2 Ministries and Lotus Humanitarian 604-855-5562 Laurel and Montrose			5:00-5:45pm Laurel and Montrose 6:30-6:45pm Countess Lotus Humanitarian 604-855-5562 and 5&2 Ministries	
YOUTH to 24 years of age: Cyrus Centre 2616 Ware Street 604-859-5773						
• 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm	• 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm	• 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm	• 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm	• 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm	• 12:30-1:30pm (12-18 yrs only) • 6-7pm	• 12:30-1:30pm (12-18 yrs only) • 6-7pm

Last Reviewed: April 2026