

STREET CARD

Resources & Services

City of Abbotsford

updated: May 2026

In case of emergency call 911
For help finding services call 211
For medical support call 811



ABBOTSFORD
ACCESS

Advancing Equitable Community Services & Supports



ABBOTSFORD

For all questions, edits and updates
please email abbotsfordaccess@abbotsford.ca

PERMANENT SHELTERS

Centre of Hope

Men & women 19yrs+ Walk in 34081 Gladys Ave
or Phone: 604-852-9305, **24/7**

Cyrus Centre

Youth 12-18 and 19-24. Walk in 2616 Ware
Street or Phone: 604-859-5773, **24/7**

Lighthouse Shelter

Men & women 19yrs + referral only
Phone: 604-744-1221, **24/7**

Montvue Shelter

Men & women 19yrs + referral only
Phone: 236-380-3357, **24/7**

Pauline Shelter

Men & women 19yrs + referral only
Phone: 604-776-6305, **24/7**

Penny's Place

Women 19yrs+, intake before 10pm
Phone: 604-746-3301, **24/7**

Sumas Shelter

Men & women 19yrs + referral only
Phone: 604-334-4911, **24/7**

MEDICAL CARE

Abbotsford Regional Hospital and Cancer Centre
604-851-4700 32900 Marshall Rd www.edwaittimes.ca

Abbotsford Urgent and Primary Care Centre
604-870-3325 2692 Clearbrook Road #100

Arukah Hepcure Society 778-650-5657
#4-B100 33765 Essendene Ave M-F 9am-5pm

Fraser Health Virtual Care 1-800-314-0999

The Foundry 12-24yrs 604-746-3392 M-F 32555 Simon

Health Link BC (assistance with finding a doctor)
Dial 811

Salvation Army - Medical Clinic 604-852-9305
M-Th 8am-4pm, F 8am-12pm 34081 Gladys Ave

DROP IN RESOURCE CENTRES

Cyrus Centre - youth up to 24 years 604-856-5773 12:30 -
7:30pm 7 d/w, 2616 Ware St

The Foundry - youth up to 24 years 604-746-3392
M - F hours vary, 32555 Simon Ave

Youth Resource Centre 604-870-4972

Scan this QR code to view the
**Abbotsford Community Health
and Substance Use Services Guide**

Listed services can be accessed via self-referral



HOUSING

Supportive Temporary or Semi-permanent

Elizabeth Fry Society 604-520-1166

EMBERS Staffing Solutions 604-226-0106 **Hearthstone
Place** 604-776-5060

Lookout Health and Housing Society
604-776-2424

Raven's Moon Resource Society 604-751-4631 **SARA
for Women** 604-855-3363

Youth

Cyrus Centre 604-859-5773

Emergency Rent Support

Archway Community Services 236-380-0575
BC Housing Rental Assistance Program (RAP)
1-800-257-7756

CEDAR Outreach Prevention & Diversion
604-309-1293

Affordable Rental and Subsidized Housing Options

BC Housing Housing Assistance 1-800-257-7756 or
604-433-2218 www.bchousing.org/housing-assistance



Cyrus Centre Youth up to age 24 604-859-5773
Lookout Housing and Health Society 604-776-2424
Rent Bank - MCC 604-851-7726
SAFER (Shelter Aid For Elderly Renters)
1-800-257-7756
Salvation Army 604-852-9305 ext 199

SHOWERS & LAUNDRY

Cedar Outreach Society Laundry Program
Accessible through outreach workers, call the The Nest
604-768-7764
Centre of Hope - Salvation Army 604-852-9305
M-F, 34081 Gladys Ave
Cyrus Centre 604-856-5773 2616 Ware St
- ages 12-18 During Drop In Hours 12:30 to 6pm
- ages 19-24 During breakfast 8am-9am or
call outside those times.
Refresh Mobile Shower 604-859-6316
Thursdays 4:30- 6:30pm, 33633 Gladys Ave

FOOD

Groceries and Food Hampers
Archway Food Banks 604-859-5749
Hampers & self-selected groceries for all
Mon-Fri 9am-3:30pm
Satellite locations - evening/weekends
Archway SEVA Food Pantry 604-859-5749 ext. 25
Culturally preferred food hampers
South Asian, Halal & Ukrainian
Blue Bus (Lifeline Outreach Society) 604-728-7551
Self-selected groceries and hampers
2nd and 4th Sundays 3:30pm - 6pm
33933 Gladys Ave
Cyrus Centre 604-859-5776
Food hampers for youth
7 d/w 12:30pm - 7:30pm 2616 Ware St
Salvation Army Food Cart 604-853-9305
Self-selected groceries & pet food
Monday - Saturday 12pm - 1pm
34081 Gladys Ave

SERVICES FOR WOMEN

L.I.F.E. Recovery 604-855-4440
Nisa Foundation 1-888-456-8043 ext 402
Pearl Life Renwal Society (for women exiting the
sex trade) 604-402-4673 10am - 3pm
SARA for Women Outreach 604-855-3363
The Women's Centre Drop in Thursdays 10-11:30am
1661 McCallum Road 604-852-1001 Sep - Jun

OUTREACH

**Abbotsford/Mission Assertive Community Treatment
(ACT) Team** 236-332-3438 or 604-851-3750
CEDAR Outreach 604-835-5225
Ground Zero Ministries 1-888-712-2980
Fraser Valley Brain Injury Association 604-557-1913
Fraser Valley Indigenous Outreach Team
604-701-3660
Intensive Case Management (ICM) Team
604-870-3353
**Integrated Homelessness Action Response Team
(IHART)** 604-613-8964
Lifeline Outreach Society 604-728-7551
Lookout Health Contact Centre 778-201-8029
Lookout Harm Reduction Outreach 604-308-8296
Lotus Humanitarian Society 604-855-5562
5&2 Ministries 604-613-4432
Pacific Community Resource Society 604-795-5994
Salvation Army Outreach 604-302-7205
Union Gospel Mission 604-612-0527 or 604-833-1402
Youth Resource Centre Street Outreach 604-870-4972

INCOME, EMPLOYMENT, LEGAL, ID RECOVERY

Buxton Consulting Employment Services
604-504-5419
Community Futures South Fraser (entrepreneurs &
small business support) 604-392-5133
Community Legal Advocacy Centre 604-743-0345
Credit Counselling Society 1-604-859-5757
EMBERS Staffing Solutions 604-226-0106
Legal Aid BC Family LawLINE 1-866-577-2525
Ministry of Social Development & Poverty Reduction
(income assistance) 1-866-866-0800
Tenant Resource & Advocacy Centre 1-800-665-1185
Triangle Community Resources 604-859-0033
WorkBC Employment Services 778-314-1003

For digital versions of this
card scan here



SUBSTANCE USE SUPPORT

Abbotsford Addictions

604-850-5106, 202-31943 S Fraser Way

Abbotsford Health Centre OAT Clinic

604-870-9925 33634 Busby Rd
M&F 9-4, Tu 9-5, W&Th 9-5:30

Abbotsford Junction 604-851-3754 102-32463 Simon Ave
Tu-Sa 12-4pm; DEW Program 604-585-5610 M-Sat

Fraser Valley Addictions & Recovery Hub

236-887-3870

Fraser Health Overdose Outreach Team (OOT)

236-332-4857

Matsqui-Abby Impact Society YOUTH & DWS

1-800-397-0260

McCallum Health Centre

604-744-5016 105-2481 McCallum

OAT Clinic 604-755-4408

Outreach: 604-615-6008

Opioid Treatment Access Line 1-833-804-8111

Rapid Access to Addiction Care (RAAC) / OAT Clinic

604-851-3752 M-F 9-5 240-31935 South Fraser Way

Substance Use Services Access Team (SUSAT)

1-866-624-6478

Union Gospel Mission 604-253-3323

BED-BASED TREATMENT & RECOVERY

Into Action Recovery Men's Addiction Centre

778-601-4800

Joshua House Men 19+ only 604-858-7279

Kinghaven Treatment Centre 604-864-0039

L.I.F.E. Recovery Women 19+ 604-855-4440

Peardonville House Women 19+ 604-856-3966

Ruth & Naomi's Men & Women 19+ 604-392-6445

Salvation Army Next Steps Men 19+ 604-852-9305 ext 131

PCRS Traverse Youth Substance Use Mental Health

236-892-0510

Union Gospel Mission Men's & Women's 19+

604-253-3323

MENTAL HEALTH SUPPORT

Abbotsford Hospice & Grief Support Society

604-852-2456

Abbotsford Mental Health 604-870-7800

8:30-4:30 M-F, 11-32700 George Ferguson Way

BeMorr Society bemorrssociety@gmail.com

Early Psychosis Intervention Program Fraser Health

1-866-870-7847 101-32555 Simon Ave

Family Support Services Fraser Health

1-833-898-6200

Help with mental health in BC:

HelpStartsHere.gov.bc.ca

Older Adult Mental Health 604-870-7800

M-F 8:30 - 4:30 11-32700 George Ferguson Way

Telecare Crisis and Caring Line 604-852-9099

YOUTH SUPPORTS

Abbotsford Hospice and Grief Support Society ages

3 and up, along with families 604-852-2456

Child and Youth Mental Health

12-18 yrs 604-870-5880 M-F 9-4,

Tuesday Walk-In Intake 2828 Cruickshank Street

Cyrus Centre

12-18 and 19-24yrs 604-856-5773 12:30-7:30pm 7d/w

2616 Ware St

Matsqui-Abby Impact Society YOUTH

1-800-397-0260

The Foundry

12-24yrs 604-746-3392 M-F 32555 Simon

Youth Resource Centre

12-18yrs 604-870-4972, 2420 Montrose Ave

Youth Unlimited

604-852-2725 1A-2760 Emerson M-Th 9-4:30

SENIORS SUPPORTS

Abbotsford Association for Healthy Aging

604-854-1733

Abbotsford Peer Support for Seniors 604-850-0011

Archway Seniors Service 604-870-3763

Office of the Seniors' Advocate 1-877-952-3181

Seniors Clinic Abbotsford Hospital 604-851-4775

South Asian Day Program for Older Adults

236-380-0556

INDIGENOUS SUPPORTS

BC First Nations Justice Centre 1-866-786-0081

Fraser Health Indigenous Health Liaison

1-866-766-6960

Fraser Health Indigenous Outreach Team

604-701-3660

Fraser Valley Métis Association 604-621-6226

Métis Nation British Columbia 604-557-5851

PCRS Indigenous Peer Support 236-622-3703

VYPER Youth 1-800-397-0260

Xyólheméylh Abbotsford 604-855-3328

WHERE TO CALL FOR HELP



SCAN to access BC 211 Directory on your mobile device.

Abbotsford Police (APD) non-emergency
604-859-5225

APD Victim Services 604-864-4757

Battered Women's Support Services Crisis Line
CALL 1-855-687-1868 TXT 604-652-1867 **24/7**

BC Bereavement Helpline 1-877-779-2223

BC Crime Victim Assistance Program
1-866-660-3888

BC Crisis Centre 1-800-SUICIDE (784-2433) **24/7**

BC Mental Health Support Line 310-6789 **24/7**

Fraser Health Crisis Line **24/7**

604-951-8855 or 1-877-820-7444

HelpLineforChildren

310-1234/TDD:1-866-660-0505 **24/7**

Indian Residential School Survivors Society

1-800-721-0066 **24/7**

KidsHelpPhone

1-800-668-6868TXTCONNECT to 686868 **24/7**

MétisCrisisLine

1-833-638-4722
Rape Crisis Centre's Crisis and Information Line CALL 604-255-6344 TXT 604-245-2425 **24/7**

Seniors Abuse and Information Line (SAIL)

1-866-437-1940 M-F 8-8 SS 10-5:30

START (Short Term Assessment Response Treatment) ages 6-18 1-844-782-7811

Suicide Crisis Helpline

VictimLinkBC

9-8-8 **24/7**
1-800-563-0808 call or text **24/7**

YouthAgainst Violence Line

1-800-680-4264 **24/7**

Free, Walk-In, No Barrier Meals and Prepared Food Distribution - WEEKLY SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12pm - 1pm Salvation Army 34081 Gladys Ave 604-852-9305						
					12:30pm - 3:30pm Union Gospel Mission Mobile Service 604-612-0527 604-833-1402	2pm - 3:30pm Ground Zero Ministries Mobile Service 1-888-712-2980
		6pm - 7:30pm Ground Zero Ministries Mobile Service 1-888-712-2980	4:30pm - 6:30pm Central Mennonite 33933 Gladys Ave 604-850-6639	4pm, dinner 6pm The Stream Ministry 14-33550 S Fraser Way 604-556-1668		2nd & 4th Sundays 3:30pm - 6pm Lifeline Outreach Society (Blue Bus) 33933 Gladys Ave behind MCC thrift store 604-728-7551
		6pm - 7:00pm 5&2 Ministries and Lotus Humanitarian Society 604-855-5562 Laurel and Montrose			5pm - 5:45pm Laurel & Montrose 6pm - 6:45pm Countess Lotus Humanitarian Ministries 604-855-5562 & 5&2	
YOUTH to 24 years: Cyrus Centre 2616 Ware Street 604-859-5773						
		8am - 9am 12:30pm - 1:30pm (12-18yrs only) 6pm - 7pm			12:30pm - 1:30pm (12-18yrs only) 6pm - 7pm	