

## Free, Walk-In, No Barrier Meals and Prepared Food Distribution – Weekly Schedule

Developed by the Abbotsford ACCESS Food Equity and Distribution Working Group

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305
					12:30-3:30pm Union Gospel Mission Mobile Service 604-612-0527 604-833-1402	2:00-3:30pm Ground Zero Ministries Mobile Service 1-888-712-2980
		6:00-7:30pm Ground Zero Ministries Mobile Service 1-888-712-2980	4:30-6:30pm Mennonite Central Committee 33933 Gladys Avenue 604-850-6639	4pm, dinner 6pm The Stream Ministry 14-33550 S Fraser Way 604-556-1668		2 <sup>nd</sup> & 4 <sup>th</sup> Sunday 3:30-6:00pm Lifeline Outreach Society (Blue Bus) 33933 Gladys, behind MCC thrift store 604-728-7551
		6:00-7:00pm 5&2 Ministries and Lotus Humanitarian 604-855-5562 Laurel and Montrose			5:00-5:45pm Laurel and Montrose 6:30-6:45pm Countess Lotus Humanitarian 604-855-5562 and 5&2 Ministries	
<b>YOUTH to 24 years of age: Cyrus Centre 2616 Ware Street 604-859-5773</b>						
<ul style="list-style-type: none"> <li>• 8-9am</li> <li>• 12:30-1:30pm (12-18 yrs only)</li> <li>• 6-7pm</li> </ul>	<ul style="list-style-type: none"> <li>• 8-9am</li> <li>• 12:30-1:30pm (12-18 yrs only)</li> <li>• 6-7pm</li> </ul>	<ul style="list-style-type: none"> <li>• 8-9am</li> <li>• 12:30-1:30pm (12-18 yrs only)</li> <li>• 6-7pm</li> </ul>	<ul style="list-style-type: none"> <li>• 8-9am</li> <li>• 12:30-1:30pm (12-18 yrs only)</li> <li>• 6-7pm</li> </ul>	<ul style="list-style-type: none"> <li>• 8-9am</li> <li>• 12:30-1:30pm (12-18 yrs only)</li> <li>• 6-7pm</li> </ul>	<ul style="list-style-type: none"> <li>• 12:30-1:30pm (12-18 yrs only)</li> <li>• 6-7pm</li> </ul>	<ul style="list-style-type: none"> <li>• 12:30-1:30pm (12-18 yrs only)</li> <li>• 6-7pm</li> </ul>

Last Reviewed: **April 2026**