

Free, Walk-In, No Barrier Meals and Prepared Food Distribution – Weekly Schedule

Developed by the Abbotsford ACCESS Food Equity and Distribution Working Group

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|--|---|
| 12-1pm Salvation Army 34081 Gladys Ave 604-852-9305 | 12-1pm Salvation Army 34081 Gladys Ave 604-852-9305 | 12-1pm Salvation Army 34081 Gladys Ave 604-852-9305 | 12-1pm Salvation Army 34081 Gladys Ave 604-852-9305 | 12-1pm Salvation Army 34081 Gladys Ave 604-852-9305 | 12-1pm Salvation Army 34081 Gladys Ave 604-852-9305 | 12-1pm Salvation Army 34081 Gladys Ave 604-852-9305 |
| | | | | | 12:30-3:30pm Union Gospel Mission Mobile Service 604-612-0527 604-833-1402 | 2:00-3:30pm Ground Zero Ministries Mobile Service 1-888-712-2980 |
| | | 6:00-7:30pm Ground Zero Ministries Mobile Service 1-888-712-2980 | 4:30-6:30pm Mennonite Central Committee 33933 Gladys Avenue 604-850-6639 | 4pm, dinner 6pm The Stream Ministry 14-33550 S Fraser Way 604-556-1668 | | 2 nd & 4 th Sunday 3:30-6:00pm Lifeline Outreach Society (Blue Bus) 33933 Gladys, behind MCC thrift store 604-728-7551 |
| | | 6:00-7:00pm 5&2 Ministries and Lotus Humanitarian 604-855-5562 Laurel and Montrose | | | 5:00-5:45pm Laurel and Montrose 6:30-6:45pm Countess Lotus Humanitarian 604-855-5562 and 5&2 Ministries | |
| YOUTH to 24 years of age: Cyrus Centre 2616 Ware Street 604-859-5773 | | | | | | |
| <ul style="list-style-type: none"> • 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm | <ul style="list-style-type: none"> • 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm | <ul style="list-style-type: none"> • 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm | <ul style="list-style-type: none"> • 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm | <ul style="list-style-type: none"> • 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm | <ul style="list-style-type: none"> • 12:30-1:30pm (12-18 yrs only) • 6-7pm | <ul style="list-style-type: none"> • 12:30-1:30pm (12-18 yrs only) • 6-7pm |

Last Reviewed: **April 2026**