

## STREET CARD

### Resources & Services

City of Abbotsford

updated: November 2025

In case of emergency call 911

For help finding services call 211

For medical support call 811



For all questions, edits and updates

please email [abbotsfordaccess@abbotsford.ca](mailto:abbotsfordaccess@abbotsford.ca)

## PERMANENT SHELTERS

### Centre of Hope

Men & women 19yrs+ Walk in 34081 Gladys Ave  
or Phone: 604-852-9305, **24/7**

### Lighthouse Shelter

Men & women 19yrs + referral only  
Phone: 604-744-1221, **24/7**

### Pauline Shelter

Men & women 19yrs + referral only  
Phone: 604-776-6305, **24/7**

### Sumas Shelter

Men & women 19yrs + referral only  
Phone: 604-334-4911, **24/7**

### Cyrus Centre

Youth up to 24 years walk in 2616 Ware Street  
or Phone: 604-859-5773, **24/7**

### Penny's Place

Women 19yrs+, intake before 10pm  
Phone: 604-746-3301, **24/7**

### Sparrow Older Adult Shelter

Men & women 50yrs+  
Phone: 604-991-6937, **24/7**

### Emergency Weather Response (EWR)

Information updates [abbotsford.ca/weather](http://abbotsford.ca/weather)

### EWR SHELTERS

Transportation to EWR shelters 604-835-5225

**Gateway Church:** 2884 Gladys Ave 604-991-6937

**Penny's Place:** women only by referral 604-746-3301

**DWS at Trinity Memorial United Church:**

1-800-397-0260

### TEMPORARY WINTER SHELTERS

**The Nest:** women only by referral 604-768-7864

**Sparrow CCS:** 50+ Men & women 604-991-6937

## MEDICAL CARE

**Abbotsford Regional Hospital and Cancer Centre**

604-851-4700 32900 Marshall Rd [www.edwaittimes.ca](http://www.edwaittimes.ca)

**Abbotsford Urgent and Primary Care Centre**

604-870-3325 2692 Clearbrook Road #100

**Health Link BC (assistance with finding a doctor)**

Dial 811

**Salvation Army - Medical Clinic** 604-852-9305

M-Th 8am-4pm, F 8am-12pm 34081 Gladys Ave

**Hub Medical**

778-856-0516 8:30am-4:30pm M-F 32883 S Fraser Way

**Hub Pharmacy**

604-556-8515 8:30-4:30 M-F 8:30-2:30 Sat and Sun  
32883 S Fraser Way

**Arukah Hepcure Society** 778-650-5657

#4 - B100 33765 Essendene Ave M-F 9am-5pm

**The Foundry** 12-24yrs

604-746-3392 M-F 32555 Simon

## DROP IN RESOURCE CENTRES

**Abbotsford Community Hub** 604-854-1101

8:30am - 4:30pm, Monday - Friday,  
32883 S Fraser Way Front of the building

**The Prevention Assessment Referral Clinic & Supervised Consumption Site- Phoenix Society**

604-504-1791 8am-5:30pm 7d/w  
32883 S Fraser Way, Back of the Building

**Cyrus Centre** - youth up to 24 years 604-856-5773

12:30 - 7:30pm 7 d/w, 2616 Ware St

**The Foundry** - youth up to 24 years 604-746-3392

M - F hours vary, 32555 Simon Ave

## HOUSING

**Supportive (Temporary or Semi-permanent)**

**SARA for Women** 604-855-3363

**Raven's Moon Resource Society** 604-751-4631

**Lookout Health and Housing Society**

604-776-2424

**Archway Community Services** 604-776-5060

**EMBERS Staffing Solutions** 604-226-0106

**Elizabeth Fry Society** 604-520-1166

**Youth**

**Cyrus Centre** 604-859-5773

**Archway Community Services** 604-870-4972

## **Emergency Rent Support**

**Salvation Army** 604-852-9305 ext 199

**Connective Support Society** 604-852-1226

**Lookout Housing and Health Society** 604-776-2424

**CEDAR Outreach Prevention & Diversion**  
604-309-1293

**Cyrus Centre** Youth up to age 24 604-859-5773

**Archway Community Services** 236-380-0575

**Rent Bank - MCC** 604-851-7726

**SAFER (Shelter Aid For Elderly Renters)**  
1-800-257-7756

## **SHOWERS & LAUNDRY**

**Centre of Hope - Salvation Army** 604-852-9305  
M-F, 34081 Gladys Ave

**Refresh Mobile Shower** 604-859-6316  
Thursdays 4:30- 6:30pm, 33633 Gladys Ave

**Cyrus Centre** 604-856-5773 2616 Ware St  
- ages 12-18 During Drop In Hours 12:30 to 6pm  
- ages 19-24 During breakfast 8am-9am or  
call outside those times.

## **FOOD**

### **Groceries and Food Hampers**

**Archway Food Banks** 604-859-5749  
Hampers & self-selected groceries for all  
Mon-Fri 9am-3:30pm  
Satellite locations - evening/weekends

**Archway SEVA Food Pantry** 604-859-5749 ext. 25  
Culturally preferred food hampers  
South Asian, Halal & Ukrainian

**Salvation Army Food Cart** 604-853-9305  
Self-selected groceries & pet food  
Monday - Saturday 12pm - 1pm  
34081 Gladys Ave

**Blue Bus** (Lifeline Outreach Society) 604-728-7551  
Self-selected groceries and hampers  
2nd and 4th Sundays 3:30pm - 6pm  
33933 Gladys Ave

**Cyrus Centre** 604-859-5773  
Food hampers for youth  
7 d/w 12:30pm - 7:30pm 2616 Ware St

## **Free, Walk-In, No Barrier Meals and Prepared Food Distribution - WEEKLY SCHEDULE**

| Monday                                                                      | Tuesday                                                      | Wednesday                                                                                                            | Thursday                                                                                   | Friday                                                                                | Saturday                                                                                                                                                         | Sunday                                                                                                                                                         |
|-----------------------------------------------------------------------------|--------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 12-1pm<br>Salvation Army<br>34081 Gladys Ave<br>604-852-9305                | 12-1pm<br>Salvation Army<br>34081 Gladys Ave<br>604-852-9305 | 12-1pm<br>Salvation Army<br>34081 Gladys Ave<br>604-852-9305                                                         | 12-1pm<br>Salvation Army<br>34081 Gladys Ave<br>604-852-9305                               | 12-1pm<br>Salvation Army<br>34081 Gladys Ave<br>604-852-9305                          | 12-1pm<br>Salvation Army<br>34081 Gladys Ave<br>604-852-9305                                                                                                     | 12-1pm<br>Salvation Army<br>34081 Gladys Ave<br>604-852-9305                                                                                                   |
|                                                                             |                                                              | 12:30-3:30pm<br>Union Gospel<br>Mission<br>Mobile Service<br>604-612-0527<br>604-833-1402                            | 12:30-3:30pm<br>Union Gospel<br>Mission<br>Mobile Service<br>604-612-0527<br>604-833-1402  |                                                                                       |                                                                                                                                                                  | 2:00-3:30pm<br>Ground Zero Ministries<br>Mobile Service<br>1-888-712-2980                                                                                      |
|                                                                             |                                                              | 6:00-7:30pm<br>Ground Zero<br>Ministries<br>Mobile Service<br>1-888-712-2980                                         | 4:30-6:30pm<br>Mennonite<br>Central<br>Committee<br>33933 Gladys<br>Avenue<br>604-850-6639 | 4pm, dinner 6pm<br>The Stream<br>Ministry<br>14-33550 S Fraser<br>Way<br>604-556-1668 |                                                                                                                                                                  | 2 <sup>nd</sup> & 4 <sup>th</sup> Sunday<br>3:30-6:00pm<br>Lifeline Outreach<br>Society (Blue Bus)<br>33933 Gladys, behind<br>MCC thrift store<br>604-728-7551 |
|                                                                             |                                                              | 6:00-7:00pm<br>5&2 Ministries<br>604-226-4004 and<br>Lotus<br>Humanitarian<br>604-855-5562<br>Laurel and<br>Montrose |                                                                                            |                                                                                       | 5:00-5:45pm<br>Laurel and Montrose<br>5:45 The Hub 32883 SFW<br>6:30-6:45pm Countess<br>Lotus Humanitarian<br>604-855-5562 and<br>5&2 Ministries<br>604-226-4044 |                                                                                                                                                                |
| <b>YOUTH to 24 years of age: Cyrus Centre 2616 Ware Street 604-859-5773</b> |                                                              |                                                                                                                      |                                                                                            |                                                                                       |                                                                                                                                                                  |                                                                                                                                                                |
| • 8-9am<br>• 12:30-1:30pm<br>(12-18 yrs only)<br>• 6-7pm                    | • 8-9am<br>• 12:30-1:30pm<br>(12-18 yrs only)<br>• 6-7pm     | • 8-9am<br>• 12:30-1:30pm<br>(12-18 yrs only)<br>• 6-7pm                                                             | • 8-9am<br>• 12:30-1:30pm<br>(12-18 yrs only)<br>• 6-7pm                                   | • 8-9am<br>• 12:30-1:30pm<br>(12-18 yrs only)<br>• 6-7pm                              | • 12:30-1:30pm (12-18<br>yrs only)<br>• 6-7pm                                                                                                                    | • 12:30-1:30pm<br>(12-18 yrs only)<br>• 6-7pm                                                                                                                  |

# SUBSTANCE USE SUPPORT

**OAT Clinic** 604-755-4408

Outreach: 604-615-6008

**Abbotsford Addictions**

604-850-5106, 202-31943 S Fraser Way

**Rapid Access to Addiction Care (RAAC) / OAT Clinic**

604-851-3752 M-F 9-5 240-31935 South Fraser Way

**Hub Medical**

604-556-8515 8:30-4:30 M-F 32883 S Fraser W

**Matsqui-Abby Impact Society YOUTH**

1-800-397-0260

**Drug War Survivors (DWS)**

1-800-397-0260

**McCallum Health Centre**

604-744-5016 105-2481 McCallum

**Abbotsford Health Centre OAT Clinic**

604-870-9925 33634 Busby Rd

**Opioid Treatment Access Line** 1-833-804-8111

**Fraser Valley Addictions & Recovery Hub**

236-887-3870

**FH Overdose Outreach Team (OOT)** 236-332-4857

**Abbotsford Junction** 604-851-3754 102-32463 Simon

Ave M-Sa

**Union Gospel Mission** 604-253-3323

# RESIDENTIAL TREATMENT & RECOVERY

**LIFE Recovery**

Women 19+ 604-855-4440

**Kinghaven Peardonville House Society** 604-864-0039

**Elizabeth Fry Society** Women 19+ 604-520-1166

**Joshua House** Men 19+ only 604-858-7279

**Salvation Army Next Steps**

Men 19+ 604-852-9305 ext 131

**Union Gospel Mission Men's & Women's Recovery**

604-253-3323

# MENTAL HEALTH SUPPORT

**Abbotsford Mental Health** 604-870-7800

8:30-4:30 M-F, 11-32700 George Ferguson Way

**Archway Community Services** 604-859-7681 **Family**

**Support Services Fraser Health**

1-833-898-6200

**BeMorr Society** bemorrssociety@gmail.com **Abbotsford**

**Hospice & Grief Support Society**

604-852-2456

**Older Adult Mental Health** 604-870-7800

M-F 8:30 - 4:30 11-32700 George Ferguson Way

**Early Psychosis Intervention Program Fraser Health**

1-866-870-7847 101-32555 Simon Ave

**Telecare Crisis and Caring Line** 604-852-9099

**Help with mental health in BC:**

HelpStartsHere.gov.bc.ca

# INCOME, EMPLOYMENT, LEGAL, ID RECOVERY

**Triangle Community Resources** 604-859-0033

**Social Development and Poverty Reduction**

1-866-866-0800

**Legal Aid BC Family LawLINE** 1-866-577-2525

**Abbotsford Community Hub** 604-854-1101

**Archway Community Services** 604-859-7681

**Salvation Army** 604-852-9305 ext 199

**Community Legal Advocacy Centre** 604-743-0345

**EMBERS Staffing Solutions** 604-226-0106

**Credit Counselling Society** 1-604-859-5757

**Tenant Resource & Advocacy Centre** 1-800-665-1185

**WorkBC Employment Services** 778-314-1003

**Buxton Consulting Employment Services**

604-504-5419

# YOUTH SUPPORTS

**The Foundry**

12-24yrs 604-746-3392 M-F 32555 Simon

**Youth Resource Centre**

12-18yrs 604-870-4972, 2420 Montrose Ave

**Cyrus Centre**

12-24yrs 604-856-5773 12:30-7:30pm 7d/w

2616 Ware St

**Youth Unlimited**

604-852-2725 1A-2760 Emerson M-Th 9-4:30

**Matsqui-Abby Impact Society YOUTH**

1-800-397-0260

**Child and Youth Mental Health**

12-18 yrs 604-870-5880 M-F 9-4,

Tuesday Walk-In Intake 2828 Cruickshank Street

**Abbotsford Hospice and Grief Support Society**

ages 3 and up, along with families 604-852-2456



# SENIORS SUPPORTS

Archway Seniors Service 604-870-3763  
Abby Association for Healthy Aging 604-854-1733  
Abbotsford Peer Support for Seniors 604-850-0011  
Seniors Clinic Abbotsford Hospital 604-851-4775  
Office of the Seniors' Advocate 1-877-952-3181  
South Asian Day Program for Older Adults  
236-380-0556

# INDIGENOUS SUPPORTS

Xyólheméylh 604-855-3328  
Fraser Valley Métis Association  
fraservalleymetisassociation@gmail.com  
Métis Nation British Columbia 604-557-5851  
Fraser Health Indigenous Health Liaison  
1-866-766-6960  
VYPER Youth 1-800-397-0260

Indigenous Justice Centre 1-866-786-0081  
PCRS Indigenous Peer Support 604-814-5601

# OUTREACH

Lookout Harm Reduction Outreach 604-308-8296  
CEDAR Outreach 604-835-5225  
Salvation Army Outreach 604-302-7205  
Lookout Health Contact Centre 778-201-8029  
Intensive Case Management (ICM) Team  
604-870-3353  
Integrated Homelessness Action Response Team  
(IHART) 604-613-8964  
Abbotsford/Mission Assertive Community Treatment  
(ACT) Team 236-332-3438 or 604-851-3750  
Ground Zero Ministries 1-888-712-2980  
Lotus Humanitarian Society 604-855-5562  
5&2 Ministries 604-613-4432  
Youth Resource Centre Street Outreach 604-870-4972  
BEAP 1-800-397-0260

Union Gospel Mission 604-612-0527 or 604-833-1402  
Fraser Valley Brain Injury Association 604-557-1913  
Pacific Community Resource Society 604-795-5994

# SERVICES FOR WOMEN

SARA for Women Outreach 604-855-3363  
Harm Reduction: 604-217-7471 HIV: 604-226-6596  
Elizabeth Fry Society 604-520-1166  
Nisa Foundation 1-888-456-8043 ext 402  
Peardonville House 604-856-3966  
L.I.F.E. Recovery 604-855-4440

# WHERE TO CALL FOR HELP



SCAN to access complete  
BC 211 Directory on your  
mobile device.

## VictimLinkBC

1-800-563-0808 call or text **24/7**

**Abbotsford Police (APD) non-emergency**  
604-859-5225

**APD Victim Services** 604-864-4757

**Fraser HealthCrisis Line** **24/7**  
604-951-8855 or 1-877-820-7444

**Suicide Crisis Helpline** 9-8-8 **24/7**

**BC Crisis Centre** 1-800-SUICIDE (784-2433) **24/7**

**BC Mental Health Support Line** 310-6789 **24/7**

**BC Crime Victim Assistance Program**  
1-866-660-3888

**Indian Residential School Survivors Society**  
800-721-0066 **24/7**

**MétisCrisisLine** 1-833-638-4722

**HelpLineforChildren**  
310-1234/TDD:1-866-660-0505 **24/7**

**KidsHelpPhone**  
1-800-668-6868TXTCONNECTto686868 **24/7**

**YouthAgainst Violence Line**  
1-800-680-4264 **24/7**

**START**  
(Short Term Assessment Response Treatment)  
ages 6-18 1-844-782-7811

**Seniors Abuse and Information Line (SAIL)**  
1-866-437-1940 M-F 8-8 SS 10-5:30

**Battered Women's Support Services Crisis Line**  
CALL 1-855-687-1868  
TXT 604-652-1867 **24/7**

**Rape Crisis Centre's Crisis and Information Line**  
CALL 604-255-6344  
TXT 604-245-2425 **24/7**

**BC Bereavement Helpline** 1-877-779-2223