

A group of diverse young adults are smiling and laughing together outdoors. They are sitting on a bench, with one person in the foreground wearing a floral shirt and another in the background wearing a green shirt. The scene is set against a backdrop of a building and trees.

Abbotsford Junction

A Recovery Community Centre



Better health. Best in health care.





What is the Junction Community Centre?

*A place to **share, belong, and heal.***

01

Recovery Hub

A hub of **community-based support** for people 19+ who self-identify as maintaining or seeking recovery or wellness from substance use.

02

Wellness & Recovery Focused

A province-wide, recovery-oriented initiative to **help people in recovery build community and resiliency** through peer support, recreational activities, and skill-building to reach their wellness goals.

03

Support Network

Supports people in **expanding their personal, social and community resources.**

The Junction is here for:

Contemplative

Want to start but don't know how

Waiting for SU stabilization bed



Support networks

Participants maintaining recovery

Participants in transition

Participants interested in treatment

Junction Service Model



NOV 2025

 102-32463 Simon Ave, Abbotsford BC



604-851-3754

JunctionBC.ca/Abbotsford

JunctionAbbotsford@fraserhealth.ca

JUN  **COMMUNITY
CENTRE
ABBOTSFORD**



TUESDAYS

12PM - 1:30PM

ART EXPRESSION

Join us for therapeutic art, guided journaling, poetic reflection, and creative vibes. No experience needed.

Junction Office

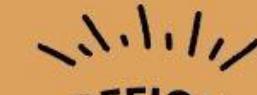


4PM - 5:30PM
SPORTS CLUB

Join us to move and connect as we play sports in a local gymnasium.

Meet at Junction Office




**OFFICE
HOURS**

Monday to Saturday
12PM - 4PM
Please note, on Saturdays we will be at ASAA Hall, 2631 Cyril St

WEDNESDAYS

12PM - 2PM

BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

Junction Office



2PM - 3:30PM

SMUDGE AND FEATHER

Explore recovery and spirituality from an Indigenous perspective. Connect, share, and learn in a supportive space.

Junction Office

There will be no Smudge & Feather on Nov 26.

4PM - 5PM

SMART RECOVERY



Join our self-empowering and judgement-free support group to create a balanced life.

online

THURSDAYS

12:15PM - 1:30PM

GENTLE MOVEMENT

A space for movement and relaxation exercises to support wellness and recovery. Led by a Rec Therapist and Recovery Navigator.

ASAA Hall: 2631 Cyril St



2PM-4PM

BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

Junction Office

5PM- 6PM

ALL PATHWAYS

A mutual support meeting to share stories and build connection through open and real conversations.

online



Please call, email, or drop-in to sign up

**SCAN
HERE
FOR ALL
LINKS**



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FRIDAYS



12PM - 2PM
AMPLIFY



No skill or experience required.

NOV 7: Pass the Aux **NOV 21:** Soft Jam
NOV 14: Rhyme & Flow **NOV 28:** Open Mic

ASAA Hall: 2631 Cyril St

2PM-4PM

BUILDING BACK COFFEE & CHAT

Drop-in for coffee, chats, and games!

Junction Office

5PM- 6PM

ALL PATHWAYS

online

No All Pathways
on **Nov 21**.
Come join us at
bowling!

SATURDAYS



12:30PM - 3:30PM
HAPPIER HOUR

ASAA Hall: 2631 Cyril St

01
NOV Tacos & Bingo

15
NOV Nachos &
Movie Trivia

29
NOV Chilli & Crib
Tournament

08
NOV Spaghetti &
Games

22
NOV Brunch &
Cartoons



**JUN
TION**
COMMUNITY
CENTRE
ABBOTSFORD



Heads Up!
We are closed on
Tuesday, Nov 11.

COMING UP:

BOWLING!

When?
Friday, Nov 21
5:30pm-7pm

Where?
Galaxy Bowl, 32490 Simon Ave

RSVP required!
Call, email, or drop-in to let us
know you're coming.

CULTURAL SUPPORT

When?
Every Friday | 12pm - 2pm

Where?
Junction Office



Drop-in to connect
with our Indigenous
peer team for conversation
and cultural support.

Online All Pathways + SMART Recovery

All Pathways: Thurs, Fri, Sat | 5PM - 6PM

Smart Recovery: Wed | 4PM - 5PM

Meeting ID: 221 658 615 886 9

Passcode: ey3wt9yx

**MICROSOFT
TEAMS LINK**



Welcome to Abbotsford Junction

This is our dedicated check-in area, where participants are respectfully greeted by **peers** and other Abbotsford Junction staff, ensuring a supportive and clear start to an individual's journey.

A computer is also available for participant use. This could be for preparing resumes or sending in applications, looking up services and supports in the area, and more!



*A place to **share, belong, and heal.***



Common Area

A supportive space where individuals can relax and engage in activities that foster well-being. Here, you'll find resources like games, books, and art supplies, creating opportunities for personal expression and connection with other participants and staff.

Next to our common area, our refreshment station provides readily available drinks, including coffee, tea, and hot chocolate, and a selection of snacks.

Refreshment Station

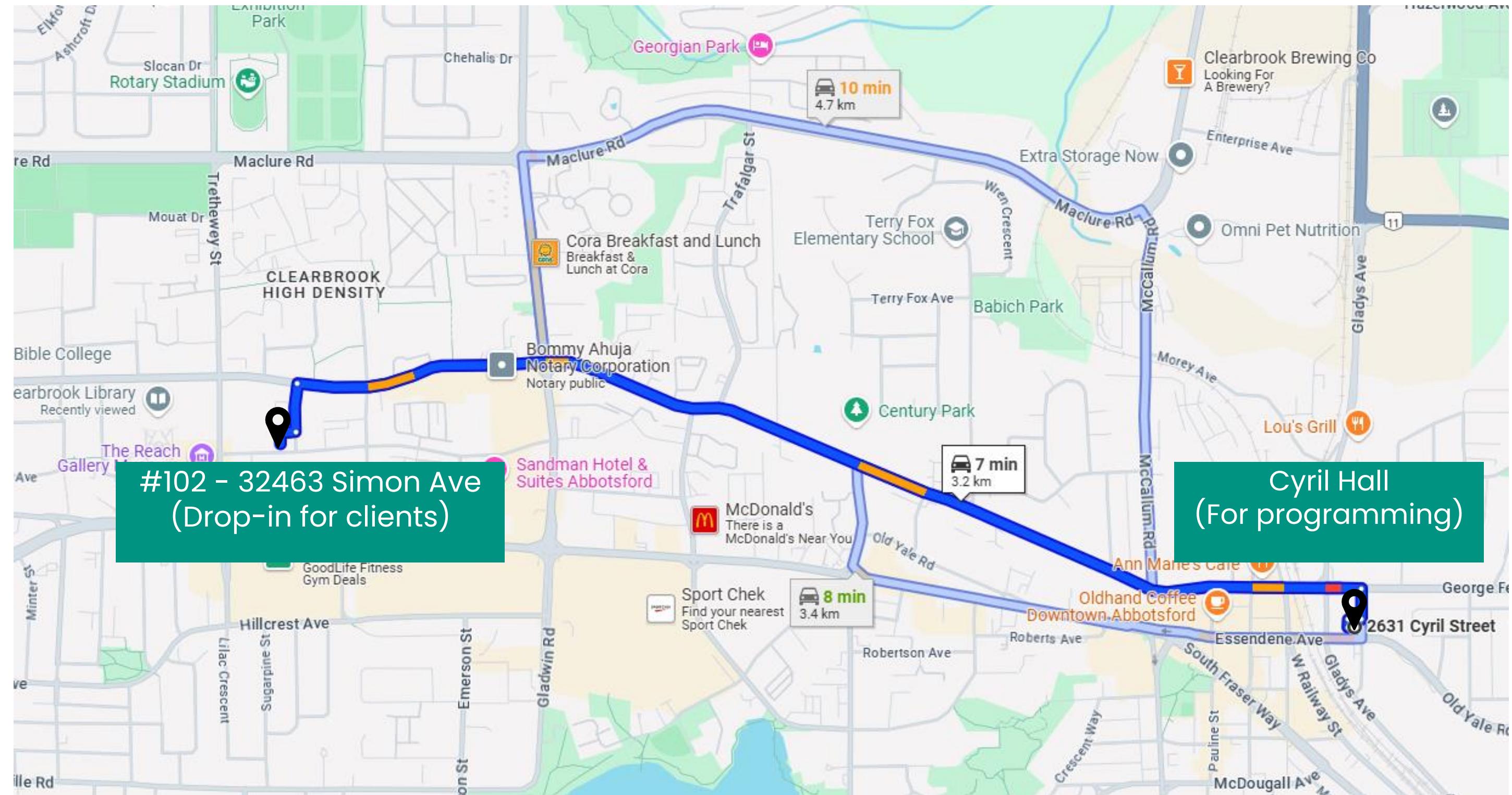


Navigation Room

This space is dedicated for one-to-one discussions about individual goals with a Recovery Navigator or Peer Support Worker. This confidential space also facilitates meetings with our Vocational Counselor, engagement with a Peer, and consultations with an Indigenous Cultural Advisor.



Abbotsford Junction location:



Referral Process



PHONE

604.851.3754



EMAIL

junctionabbotsford@fraserhealth.ca



DROP-IN

Monday - Friday

12PM - 4 PM

#102-32463 Simon Ave, Abbotsford

Saturday

12pm-4pm

Cyril Hall, 2631 Cyril St, Abbotsford



JunctionBC.ca/Abbotsford