

WHERE TO CALL FOR HELP



SCAN to access complete BC 211 Directory on your mobile device.

VictimLinkBC 1-800-563-0808 call or text **24/7**
Abbotsford Police (APD) non-emergency 604-859-5225
APD Victim Services 604-864-4757
Fraser Health Crisis Line **24/7** 604-951-8855 or 1-877-820-7444
Suicide Crisis Helpline 9-8-8 **24/7**
BC Crisis Centre 1-800-SUICIDE (784-2433) **24/7**
BC Mental Health Support Line 310-6789 **24/7**
BC Crime Victim Assistance Program 1-866-660-3888
Indian Residential School Survivors Society 800-721-0066 **24/7**
Métis Crisis Line 1-833-638-4722
HelpLine for Children 310-1234/TDD: 1-866-660-0505 **24/7**
Kids Help Phone 1-800-668-6868 TXT CONNECT to 686868 **24/7**
Youth Against Violence Line 1-800-680-4264 **24/7**
START ages 6-18 1-844-782-7811
Seniors Abuse and Information Line (SAIL) 1-866-437-1940 M-F 8-810-5:30SS
S.M.A.R.T. Surrey Mobile Assault Response 604-583-1295 **24/7**
Battered Women's Support Services Crisis Line CALL 1-855-687-1868 TXT 604-652-1867 **24/7**
Rape Crisis Centre's Crisis and Information Line CALL 604-255-6344 TXT 604-245-2425 **24/7**
BC Bereavement Helpline 1-877-779-2223

OUTREACH

Lookout Harm Reduction Outreach 604-308-8296
CEDAR Outreach 604-835-5225
Salvation Army Outreach 604-302-7205
Lookout Health Contact Centre 778-201-8029
Intensive Case Management (ICM) Team 604-870-3353
Integrated Homelessness Action Response Team (IHART) 604-613-8964
Abbotsford Mission Assertive Community Treatment (ACT) Team 236-332-3438 OR 604-851-3750
Ground Zero Ministries 1-888-712-2980
Lotus Humanitarian Society 604-855-5562
5&2 Ministries 604-613-4432
Youth Resource Centre Street Outreach 604-870-4972
BEAP 1-800-397-0260
Union Gospel Mission 604-612-0527 or 604-833-1402
Fraser Valley Brain Injury Association 604-557-1913
Pacific Community Resources Society 604-795-5994

SERVICES FOR WOMEN

SARA for Women Outreach 604-855-3363 Harm Reduction: 604-217-7471 HIV: 604-226-6596
Elizabeth Fry Society 604-520-1166
Nisa Foundation 1-888-456-8043 ext 402
Peardonville House 604-856-3966
L.I.F.E. Recovery 604-855-4440

SUBSTANCE USE SUPPORT

OAT Clinic 604-755-4408 Outreach: 604-615-6008
Abbotsford Addictions 604-850-5106 202-31943 S Fraser W
Rapid Access to Addiction Care (RAAC) / OAT Clinic 604-851-3752 M-F 9-5 240-31935 South Fraser Way
Hub Medical 604-556-8515 8:30-4:30 M-F 32883 S Fraser W
Matsqui-Abby Impact Society YOUTH 1-800-397-0260
Drug War Survivors (DWS) 1-800-397-0260
McCallum Health Centre 604-744-5016 105-2481 McCallum
Abbotsford Health Centre OAT Clinic 604-870-9925 33634 Busby Rd
Opioid Treatment Access Line 1-833-804-8111
Fraser Valley Addictions & Recovery Hub 236-887-3870
FH Overdose Outreach Team (OOT) 236-332-4857
Abbotsford Junction 604-851-3754 102-32463 Simon Ave, M-Sa
Union Gospel Mission 604-253-3323

RESIDENTIAL TREATMENT AND RECOVERY

L.I.F.E. Recovery Women 19+ 604-855-4440
Kinghaven Peardonville House Society 604-864-0039
Elizabeth Fry Society Women 19+ 604-520-1166
Joshua House Men 19+ only 604-858-7279
Salvation Army Next Steps Men 19+ 604-852-9305 ext 131
Union Gospel Mission Men's & Women's Recovery 604-253-3323

MENTAL HEALTH SUPPORT

Abbotsford Mental Health 604-870-7800 8:30-4:30 M-F 11-32700 George Ferguson Way
Archway Community Services 604-859-7681
Family Support Services, Fraser Health 1-833-898-6200
BeMorr Society bemorrssociety@gmail.com
Abbotsford Hospice & Grief Support Society 604-852-2456
Older Adult Mental Health 604-870-7800 M-F 8:30 - 4:30 11-32700 George Ferguson Way
Early Psychosis Intervention Program Fraser Health 1-866-870-7847 101-32555 Simon Ave
Telecare Crisis and Caring Line 604-852-9099
Help with mental health in BC: HelpStartsHere.gov.bc.ca

INCOME, EMPLOYMENT, LEGAL, ID RECOVERY

Triangle Community Resources 604-859-0033
Social Development and Poverty Reduction 1-866-866-0800
Legal Aid BC Family LawLINE 1-866-577-2525
Abbotsford Community Hub 604-854-1101
Archway Community Services 604-859-7681
Salvation Army 604-852-9305 ext 199
Community Legal Advocacy Centre 604-743-0345
EMBERS Staffing Solutions 604-226-0106
Credit Counselling Society 1-604-859-5757
Tenant Resource & Advocacy Centre 1-800-665-1185
WorkBC Employment Services 778-314-1003
Buxton Consulting Employment Services 604-504-5419

YOUTH SUPPORTS

The Foundry 12-24yrs 604-746-3392 M-F 32555 Simon
Youth Resource Centre 12-18yrs 604-870-4972 2420 Montrose Ave
Cyrus Centre 12-24yrs 604-856-5773 12:30-7:30pm 7d/w 2616 Ware St
Youth Unlimited 604-852-2725 1A-2760 Emerson M-Th 9-4:30
Matsqui-Abby Impact Society YOUTH 1-800-397-0260
Child and Youth Mental Health 12-18 yrs 604-870-5880 M-F 9-4, Tuesday Walk-In Intake 2828 Cruickshank street
Abbotsford Hospice & Grief Support Society ages 3 and up, along with families 604-852-2456

SENIORS SUPPORTS

Archway Seniors Service 604-870-3763
Abby Association for Healthy Aging 604-854-1733
Abbotsford Peer Support for Seniors 604-850-0011
Seniors Clinic Abbotsford Hospital 604-851-4775
Office of the Seniors' Advocate 1-877-952-3181
South Asian Day Program for Older Adults 236-380-0556

INDIGENOUS SUPPORTS

Xyóiheméyih Abbotsford 604-855-3328
FV Métis Association fraservalleymetisassociation@gmail.com
Métis Nation British Columbia 604-557-5851
Fraser Health Indigenous Health Liaison 604-814-5601
VYPER Youth 1-800-397-0260
Indigenous Justice Centre 1-866-786-0081
PCRS Indigenous Peer Support 236-622-3703

STREET CARD

Resources & Services

CITY OF ABBOTSFORD
updated November 2025

In case of emergency call 911
For help finding services call 211
For medical support call 811



All questions, edits, updates email abbotsfordaccess@abbotsford.ca

PERMANENT SHELTERS

Centre of Hope Men & women 19+ Walk In 34081

Gladys Ave Phone: 604-852-9305 **24/7**

Lighthouse Shelter Men & women 19+ referral only

Phone: 604-744-1221 **24/7**

Pauline Shelter Men & women 19+ referral only Phone:

604-776-6305 **24/7**

Sumas Shelter Men & women 19+ referral only

Phone:604-334-4911 **24/7**

Cyrus Centre Youth up to 24 years Walk In

2616 Ware St Phone: 604-859-5773 **24/7**

Penny's Place Women 19+ Intake before 10pm Phone:

604-746-3301 **24/7**

Sparrow Older Adult Shelter Men & women 50+ Phone:

604-991-6937 24/7

Emergency Weather Response (EWR)

Information updates abbotsford.ca/weather

EWR SHELTERS

Transportation to EWR shelters 604-835-5225

Gateway Church: 2884 Gladys Ave 604-991-6937

Penny's Place: women only by referral 604-746-3301

DWS at Trinity Memorial United Church:

1-800-397-0260

TEMPORARY WINTER SHELTERS

The Nest: women only by referral 604-768-7864

Sparrow CCS: 50+ Men & women 604-991-6937

MEDICAL CARE

Abbotsford Regional Hospital and Cancer Centre

604-851-4700 32900 Marshall Rd www.edwaittimes.ca

Abbotsford Urgent and Primary Care Centre 604-870-3325

2692 Clearbrook Road #100

Health Link BC (assistance with finding a doctor) Dial 811

Salvation Army - Medical Clinic 604-852-9305

M-Th 8am-4pm, F 8am-12pm 34081 Gladys Ave

Hub Medical 778-856-0516

8:30am-4:30pm M-F 32883 S Fraser Way

Hub Pharmacy 604-556-8515

8:30-4:30 M-F 8:30-2:30 Sat and Sun 32883 S Fraser Way

Arukah Hepcure Society 604-768-8454

#7-2168 McCallum Rd Monday to Friday 9am-5pm

The Foundry 12-24yrs 604-746-3392 M-F 32555 Simon Ave

DROP IN RESOURCE CENTRES

Abbotsford Community Hub 604-854-1101

8:30am-4:30pm M-F 32883 S Fraser Way

Front of the building

The Prevention Assessment Referral Clinic &

Supervised Consumption Site - Phoenix Society

604-504-1791 8am-5:30pm 7 d/w 32883 S Fraser Way

Back of the Building

Cyrus Centre - youth up to 24 yrs 604-856-5773

12:30-7:30pm 7 d/w 2616 Ware St

The Foundry - youth up to 24 yrs 604-746-3392 M-F

hours vary 32555 Simon Ave

HOUSING

SUPPORTIVE (TEMPORARY OR SEMI PERMANENT)

SARA for Women 604-855-3363

Raven's Moon Resource Society 604-751-4631

Lookout Health and Housing Society 604-776-2424

Archway Community Services 604-776-5060

EMBERS Staffing Solutions 604-226-0106

Elizabeth Fry Society 604-520-1166

YOUTH

Cyrus Centre 604-859-5773

Archway Community Services 604-870-4972

EMERGENCY RENT SUPPORT

Salvation Army 604-852-9305 ext 199

Connective Support Society 604-852-1226

Lookout Housing and Health Society 604-776-2424

CEDAR Outreach Prevention & Diversion 604-309-1293

Cyrus Centre YOUTH up to age 24 604-859-5773

Archway Community Services 236-380-0575

Rent Bank - MCC 604-851-7726

SAFER (Shelter Aid For Elderly Renters) 1-800-257-7756

SHOWERS & LAUNDRY

Centre of Hope - Salvation Army 604-852-9305 M-F

34081 Gladys Ave

Refresh Mobile Shower Thursdays 4:30-6:30pm

33633 Gladys Ave 604-859-6316

Cyrus Centre 604-856-5773 2616 Ware St|

- ages 12-18 During Drop In Hours 12:30 to 6pm

- ages 19-24 During breakfast 8am-9am or call for

outside those times

FOOD - Groceries and Hampers

Archway Food Banks 604-859-5749

Hampers & self-selected groceries for all Mon-Fri 9am-3:30pm

Satellite locations - evening/weekends

Archway SEVA Food Pantry

Culturally preferred food hampers 604-859-5749 ext. 25

South Asian, Halal & Ukrainian

Salvation Army Food Cart 604-853-9305

Self-selected groceries & pet food M-Sat 12-1pm

34081 Gladys Ave

Blue Bus (Lifeline Outreach Society) 604-728-7551 Self-

selected groceries & hampers

2nd & 4th Sundays 3:30-6pm 33933 Gladys Ave

Cyrus Centre 604-859-5773 Food hampers for youth

7 d/w 12:30-7:30pm 2616 Ware St

Free, Walk-In, No Barrier Meals and Prepared Food Distribution - WEEKLY SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305	12-1pm Salvation Army 34081 Gladys Ave 604-852-9305
		12:30-3:30pm Union Gospel Mission Mobile Service 604-612-0527 604-833-1402	12:30-3:30pm Union Gospel Mission Mobile Service 604-612-0527 604-833-1402			2:00-3:30pm Ground Zero Ministries Mobile Service 1-888-712-2980
		6:00-7:30pm Ground Zero Ministries Mobile Service 1-888-712-2980	4:30-6:30pm Mennonite Central Committee 33933 Gladys Avenue 604-850-6639	4pm, dinner 6pm The Stream Ministry 14-33550 S Fraser Way 604-556-1668		2 nd & 4 th Sunday 3:30-6:00pm Lifeline Outreach Society (Blue Bus) 33933 Gladys, behind MCC thrift store 604-728-7551
		6:00-7:00pm 5&2 Ministries 604-226-4004 and Lotus Humanitarian 604-855-5562 Laurel and Montrose			5:00-5:45pm Laurel and Montrose 5:45 The Hub 32883 SFW 6:30-6:45pm Countess Lotus Humanitarian 604-855-5562 and 5&2 Ministries 604-226-4044	
YOUTH to 24 years of age: Cyrus Centre 2616 Ware Street 604-859-5773						
• 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm	• 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm	• 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm	• 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm	• 8-9am • 12:30-1:30pm (12-18 yrs only) • 6-7pm	• 12:30-1:30pm (12-18 yrs only) • 6-7pm	• 12:30-1:30pm (12-18 yrs only) • 6-7pm