

<b>1</b>	<b>EMERGENCY</b>	<b>Abbotsford Hospital: 604-851-4700 or 9-1-1</b>
<b>2</b>	<b>High Risk of Suicide</b>	Suicide Crisis Helpline: 9-8-8 Fraser Health Crisis Line: 1-877-820-7444
<b>3</b>	<b>ADULT Mental Health Support</b>	Abbotsford Mental Health: 604-870-7800
<b>4</b>	<b>CHILD/YOUTH Mental Health Support</b>	Child and Youth Mental Health: 604-870-5880 The Foundry: 604-746-3392 Acute crisis concerns: START East 604-743-0765
<b>5</b>	<b>ADULT Substance Use</b>	Abbotsford Addictions: 604-850-5106 Rapid Access to Addiction Care Clinic: 604-851-3752 Abbotsford Community Hub: 604-854-1101
<b>6</b>	<b>CHILD/YOUTH Substance Use</b>	Matsqui Abbotsford IMPACT Society: 1-800-397-0260 Acute crisis concerns START East: 604-743-0765
<b>7</b>	<b>Supporting Adult Friend or Family Member</b>	Family Support Services: 1-833-898-6200
<b>8</b>	<b>Counselling Support</b>	Archway Community Services: 604-859-7681 BeMorr Society: bemorr society@gmail.com or bemorr society.ca
<b>9</b>	<b>Indigenous Support</b>	Indigenous Mental Health and Wellness Abbotsford: 604-814-5601 Indian Residential School Crisis Line: 1-866-925-4419
<b>10</b>	<b>Cultural Supports</b>	South Asian Health Institute (SAHI) Text, WhatsApp, call 236-332-6455 Archway Multicultural Department: 778-345-8013
<b>11</b>	<b>Older Adult</b>	Older Adult Mental Health: 604-870-7800 Alzheimer Society of BC: 1-800-936-6033
<b>12</b>	<b>Suspected Psychosis</b>	Early Psychosis Intervention (Ages 13 - 30) 1-866-870-7847
<b>13</b>	<b>Family Legal Issues</b> (Divorce, Separation, Parenting Arrangements)	Family Justice Centre: 604-851-7055
<b>14</b>	<b>Intimate Partner Violence</b>	SARA for Women: 604-855-3363
<b>15</b>	<b>Domestic Abuse/Family Violence/Protection Concerns</b>	Ministry of Child and Family Development - Child Protection: 1-800-663-9122
<b>16</b>	<b>Income Support</b>	Ministry of Social Development and Poverty Reduction Community Integration System: 1-866-866-0800
<b>17</b>	<b>Grief/Loss</b>	Abbotsford Hospice and Grief Support Society: 604-852-2456