



# Aging in Abbotsford

A compilation and analysis of resources for older adults in Abbotsford

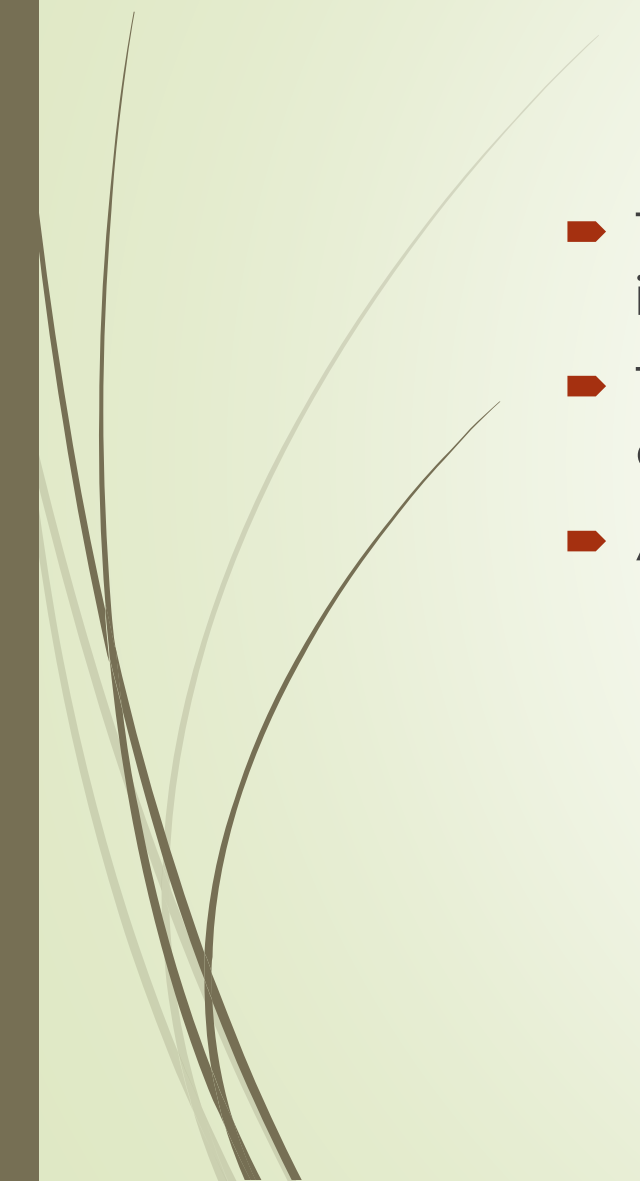
# About the Author/Presenter

- Joined Sparrow Community Care Society in July 2024
- Previously an Assistant Professor of Linguistics at Trinity Western University
- I am a huge Tolkien fan/nerd
- I love Early Music (Medieval-Renaissance-Baroque)





# The Research Project

- ▶ The goal is to compile all of the relevant resources for older adults into one place, and provide an analysis of those resources.
  - ▶ Through this research, I am hoping to highlight the strengths of the different organizations, so that they can learn from one another
  - ▶ A key question: “How do we create awareness?”
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# Data Collection

- ▶ Interviews

- ▶ Older adults in the community
- ▶ Caregivers for older adults
- ▶ Members of organizations providing resources and services for older adults

- ▶ Focus Groups

- ▶ Older adults in the community
- ▶ South Asian specific group
- ▶ First Nations specific group



# Analysis and Write-up

- ▶ Final stage is to analyse the data and provide a written report
- ▶ Likely have two versions
  - ▶ One detailed and academic
  - ▶ One for the general public which will be a summarized version of the academic version



# What I need from you

- ▶ I will be interviewing some of you in the coming months
- ▶ I will be asking some of you to promote this project among the older adults you serve
- ▶ I will be looking for spaces to host focus groups
- ▶ I will be asking some of you to help me form the focus groups themselves

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