

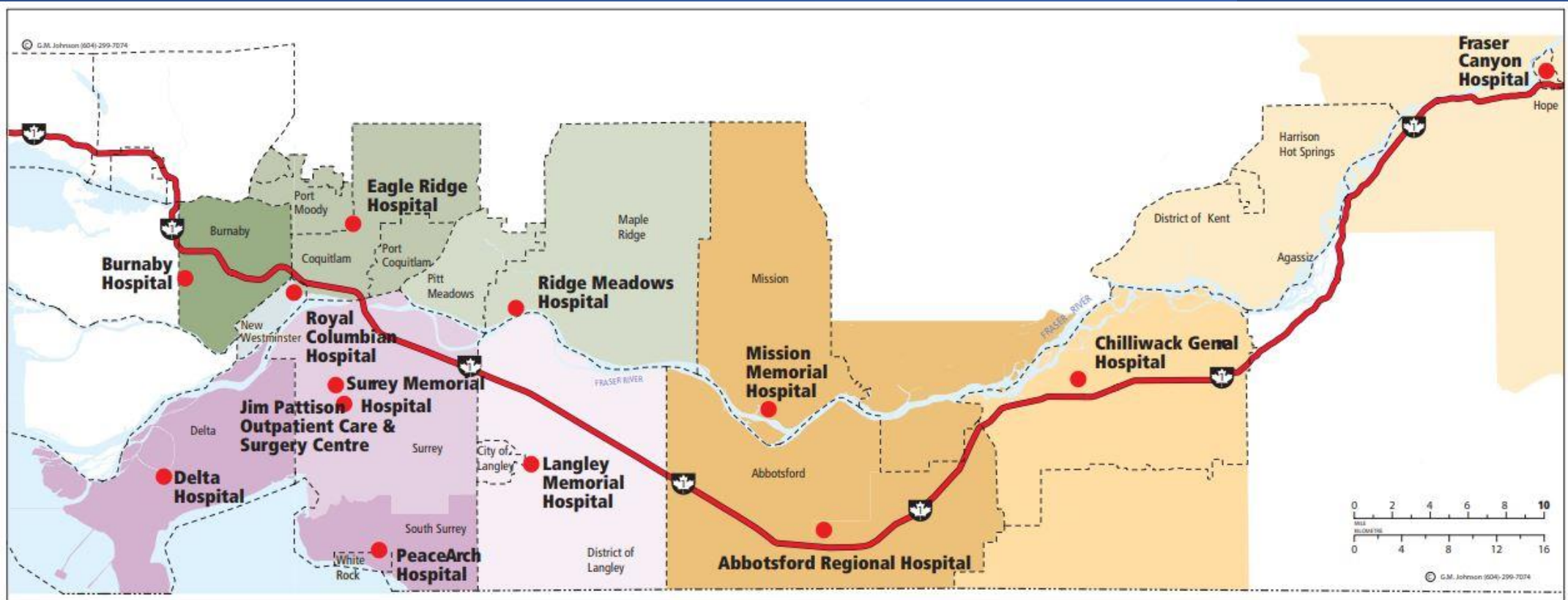
# Population and Public Health in Fraser Health

April 2025

*Presented by: Crystal Salter*

Fraser Health provides care on the traditional, ancestral and unceded lands of the Coast Salish and Nlaka'pamux Nations and is home to 32 First Nations within the Fraser Salish region.

Fraser Health is dedicated to serving all Indigenous people, and honours the unique cultures of the First Nations, Métis and Inuit living within the Fraser Salish region.



Fraser Health is responsible for the delivery of hospital and community-based health services to over 1.9 million people in 20 diverse communities from Burnaby to Fraser Canyon on the traditional, ancestral and unceded territories of the Coast Salish and Nlaka’pamux Nations, and six Métis Chartered Communities. Fraser Health employs over 45,000 medical staff, staff and volunteers.

# Fraser Health serves 1 in 3 British Columbians

Information shown is based  
on approximate 2023 data

161  
medical residents and  
14,200+  
clinical students  
trained

103,584  
surgeries performed

\$6.5B+  
in multi-year  
capital projects  
underway

94,757  
language interpretations  
eased communication  
for patients and families

3.4M+  
home support hours  
dedicated to people  
we serve

7  
Urgent and Primary  
Care Centres and  
7 Primary Care  
Networks in place

\$5.37B\*  
annual budget  
managed

735,103  
emergency room  
visits treated

48,556  
staff, medical staff  
and volunteers cared  
for people

B.C.'s  
**first**  
virtual psychiatry  
unit opened

693.6  
tCO<sub>2</sub>e of projected  
carbon emissions  
reduced in 2023  
**= 212**  
passenger vehicles'  
emissions

\$2.42B\*  
goods and services  
purchased in B.C.

14,241  
Indigenous health liaison  
appointments

36.9%  
waste diversion  
achieved for  
the region

190,104  
square metres of  
LEED Gold-certified  
facility space operated  
**= 27**  
soccer fields

81  
long-term  
care communities  
supported seniors

B.C.'s  
**first**  
digital health care  
navigator established

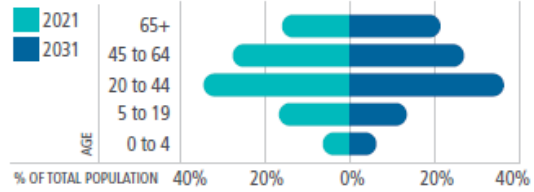
351,356  
childhood vaccine  
doses administered

38%  
of babies  
born in B.C.

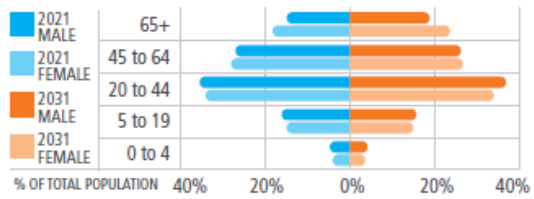
\* 2022-2023 fiscal year.

## TOTAL POPULATION OVERVIEW

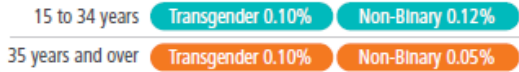
2021: 1,974,706  
2031: 2,362,338



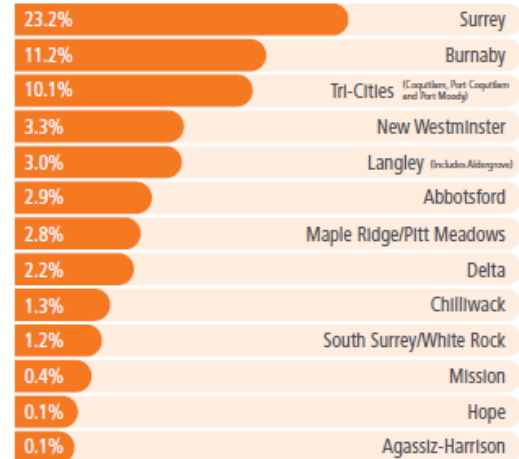
## AGE BY GENDER



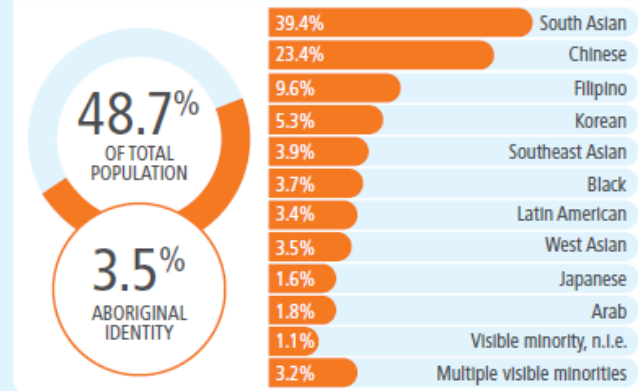
## GENDER IDENTITY: BC



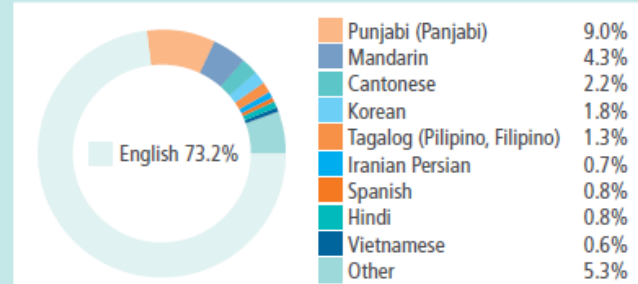
## GOVERNMENT ASSISTED REFUGEES BY MUNICIPALITY (1980-2021)



## TOP 10 VISIBLE MINORITIES



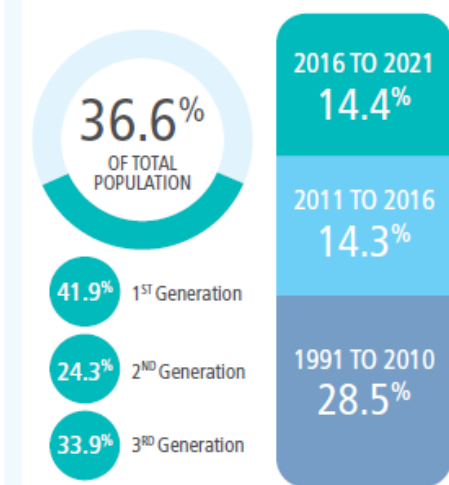
## LANGUAGE SPOKEN MOST OFTEN AT HOME



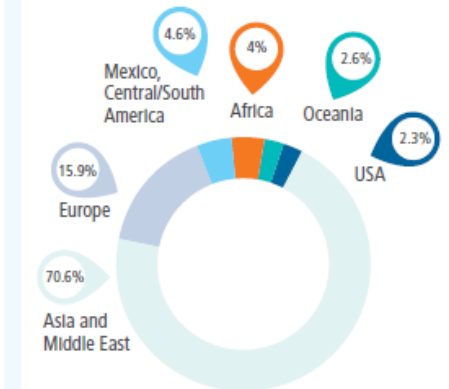
## RELIGION



## IMMIGRANTS



## REGION OF ORIGIN



# Data Driven Care: Public Health Analytics, Informatics, Surveillance, Evaluation/Evidence (PHAISE)

## **Mission:**

To collect, maintain, analyze, and mobilize data and information to support local public health needs

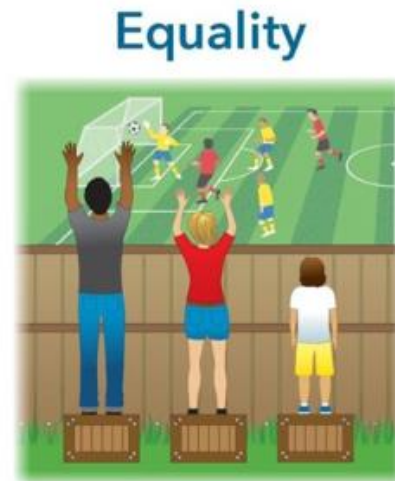
## **Vision:**

To provide the highest quality evidence, informatics, and policy support to improve population health and health equity

# Equity, Diversity and Inclusion (EDI)

<b>ONE</b> 	<b>Ensuring Inclusive Environments</b>
	1.1: Implement anti-discrimination practices 1.2: Incorporate universal design in our environments 1.3: Promote diversity and inclusion
<b>TWO</b> 	<b>Enhancing Capacity-Building</b>
	2.1: Embed EDI competencies in professional development plans 2.2: Support meaningful engagement with diverse communities 2.3: Establish tools to foster safer communication

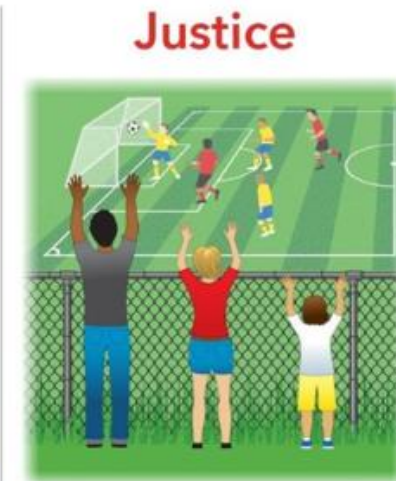
<b>THREE</b> 	<b>Delivering Equitable Care</b>
	3.1: Advance targeted actions for equity-seeking populations 3.2: Optimize use of Language Services Programs 3.3: Improve access to care for New Canadians and Refugees
<b>FOUR</b> 	<b>Incorporating EDI in Organizational Systems</b>
	4.1: Collect EDI data to inform decision-making 4.2: Ensure a diverse workforce 4.3: Promote open and honest communication around EDI



The assumption is that **everyone benefits from the same supports**. This is equal treatment.



Everyone gets the **supports they need** (this is the concept of "affirmative action"), thus producing equity.



All 3 can see the game without supports or accommodations because **the cause(s) of the inequity was addressed**. The systemic barrier has been removed.

# Public Health Programs

# Environmental Health and Health Protection



## Regulatory Programs

### Program Areas:

Food Safety, Water Quality, Personal Services, Tobacco Control  
Residential Care and Childcare Licensing

### Approaches:

Inspections, Education, Operator Engagement,  
Progressive Enforcement

### Strategic Lenses:

Quality Improvement, Upstream Initiatives in Legislative Programs,  
Policy Advocacy



## Healthy Environments

### Program Areas:

Climate Change, Injury Prevention, Healthy Built Environment,  
Human Health Risk Assessment (HHRA)

### Approaches:

Community Engagement, Advocacy, Communications,  
Evidence Based Best Practices

### Strategic Lenses:

Equity, Diversity, Influencing Healthy Public Policy,  
Data Informed Decision Making

# Wellness Promotion Programs

## FOCUS AREAS

### BUILDING BLOCKS

Healthy Eating  
and Food Security

Mental Wellness and  
Social Inclusion

Active Living

Substance Use Health and  
Prevention

### EXPERIENCES

Positive and Adverse  
Childhood Experiences

Healthy Aging

### SETTINGS

Schools

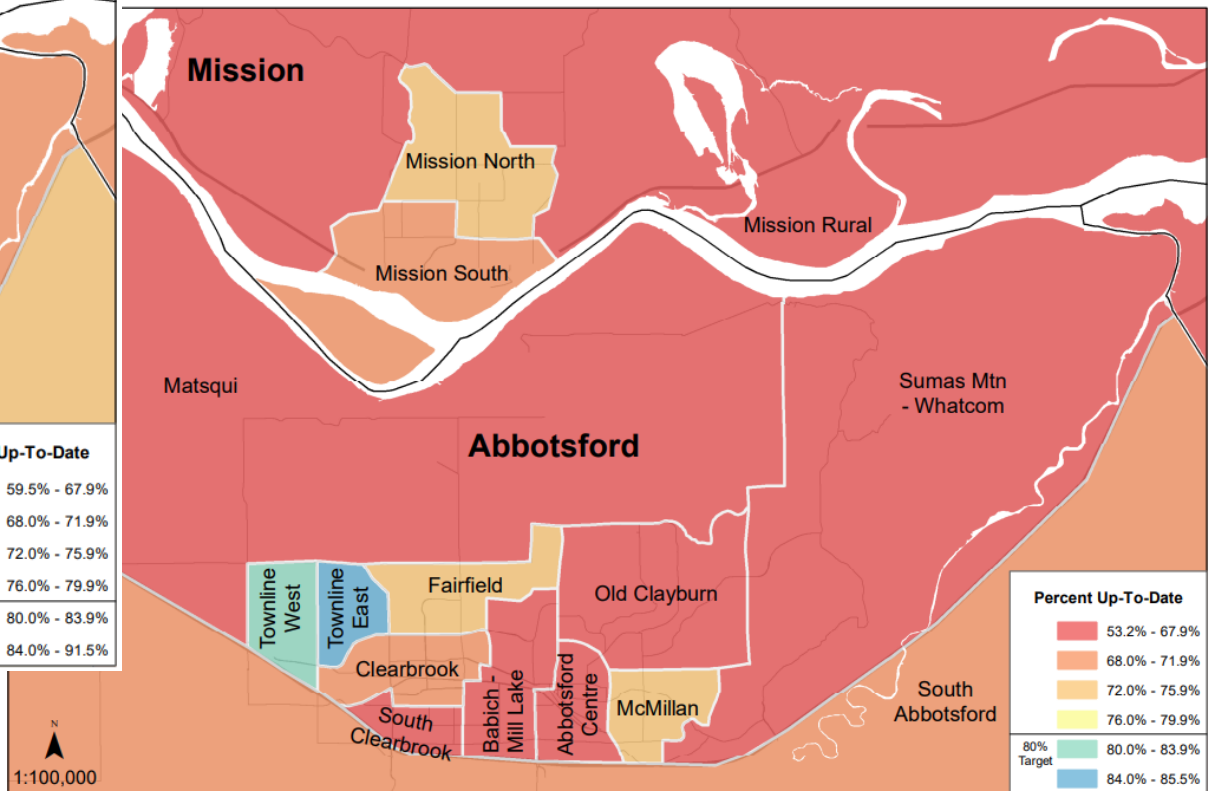
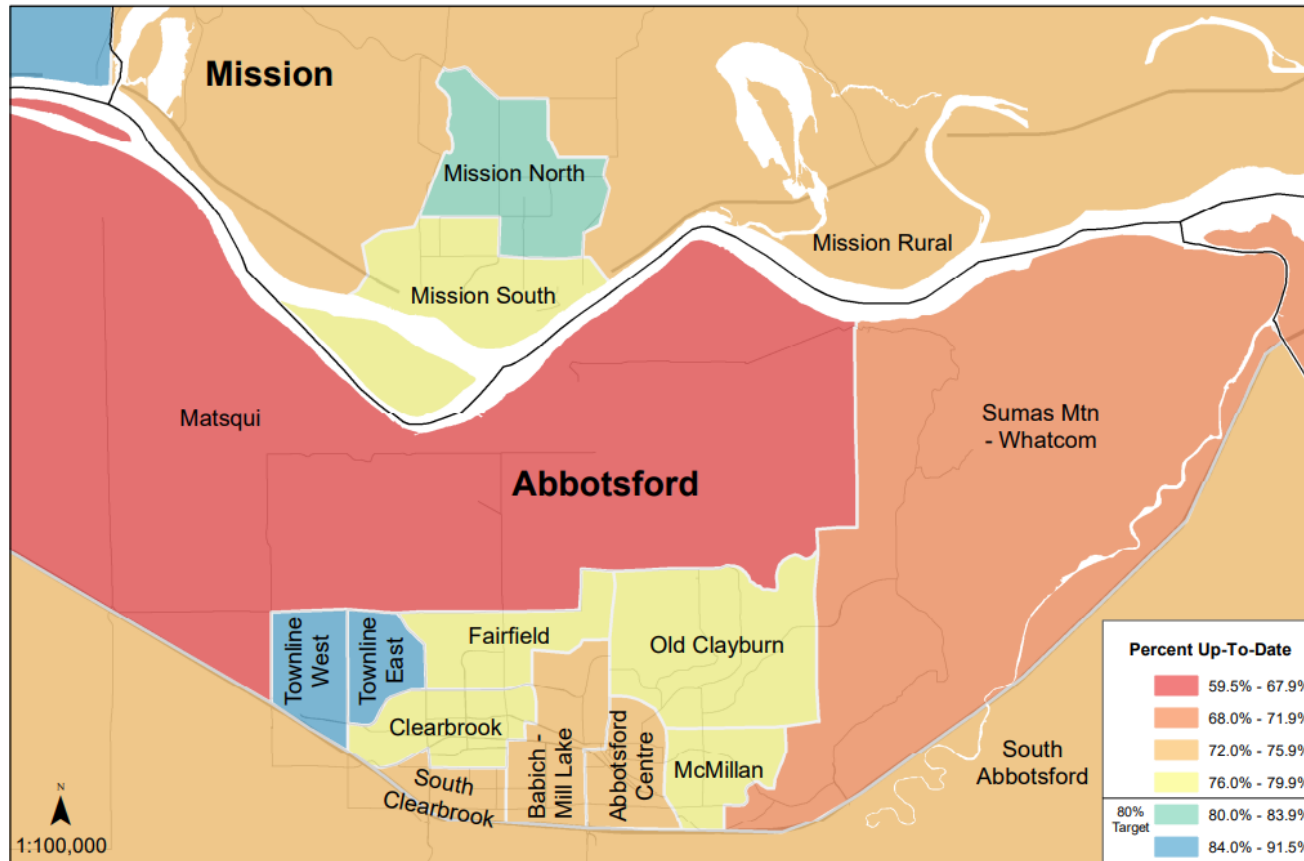
Communities

## STRATEGIC PRIORITIES

- 1 Support advancement of healthy public policies at all levels, within and outside the health sector.
- 2 Provide evidence-informed health promotion messages that reflect culture, diversity, and context.
- 3 Promote equity, diversity, and inclusion in wellness initiatives, develop greater capacity within the Wellness Promotion team to address discrimination and Indigenous-specific racism, and integrate cultural safety across the program.
- 4 Support conditions and environments in the settings where children and youth live, learn and play to foster mental and physical wellness, and safe, stable and nurturing relationships.
- 5 Develop, implement and evaluate a Wellness Promotion healthy aging strategy.



# Communicable Disease Prevention and Control: Not Just Immunization (But also Immunization)



# Maternal Child Health



## CORE SERVICES

### Perinatal & Family Support

Universal Best Beginnings Services

Enhanced Family Support Services

### Early Childhood Development & School Readiness

Speech & Language

Vision

Audiology

Dental

Infant Feeding & Childhood Nutrition

Immunizations

Health Promotion



# fraserhealth

Better health. Best in health care.



[fraserhealth.ca](https://www.fraserhealth.ca)