

# Program

## Agency Awareness and Connections Breakfast

Abbotsford ACCESS (Action-oriented Community Collaborative for Equitable Supports and Services) is a network of local partners and an initiative of the City of Abbotsford's Housing, Homelessness and Community Development team focused on addressing complex social issues with a multi-agency approach. Partners include government, community agencies, law enforcement and business.

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### Mental Health, Mental Wellness

**Date:** March 12, 2025

**Time:** 9:00 – 11:00am, *Doors open at 8:30am*

**Location:** Legacy Sports Centre Banquet Room

- **3270 Trethewey Street (for GPS navigation – enter off of TRETHERWEY STREET)**
- 4 32470 Haida Drive (mailing address)

8:30am Doors open, breakfast and informal networking

9:00am Welcome and Opening  
Emcee: Matthew Brown, Community Health Specialist, **Fraser Health**

9:05am Agency Updates

9:10am Networking Exercise

**Presentations:**

9:30am Adult Mental Health Services, John Mogk, Clinical Coordinator, **Abbotsford Mental Health Centre, Fraser Health**

9:45am Youth Mental Wellness, Stanley Katz, Restorative Justice Coordinator, Darcy Halber, Executive Director, **Abbotsford Restorative Justice and Advocacy Association**

10:00am Your Link to Dementia Support - First Link®, Leanne Shuttleworth, Community Services Manager - Fraser Region, **Alzheimer Society BC**

10:15am Fraser Health Together, Teresa O'Callaghan, Executive Director, **Abbotsford Regional Hospital Critical Care, Fraser Health**

10:30am Mental Wellness Through Grief, Susanne Fehr, Palliative & Training Director, **Abbotsford Hospice and Grief Society**

10:45am Supporting Families and Natural Supports of Adults Living with Mental Health and/or Substance Use Concerns, Jane Gladman, Family Peer; Rajpal Singh, Registered Clinical Counsellor (specifically supporting South Asian Families and Natural Supports), Nicole Reston, Clinical Counsellor, Sarah Gilbert, Family Peer, **Family Support Service, Fraser Health**

11:00am Concluding remarks and evaluations