

# Assertive Community Treatment - ACT

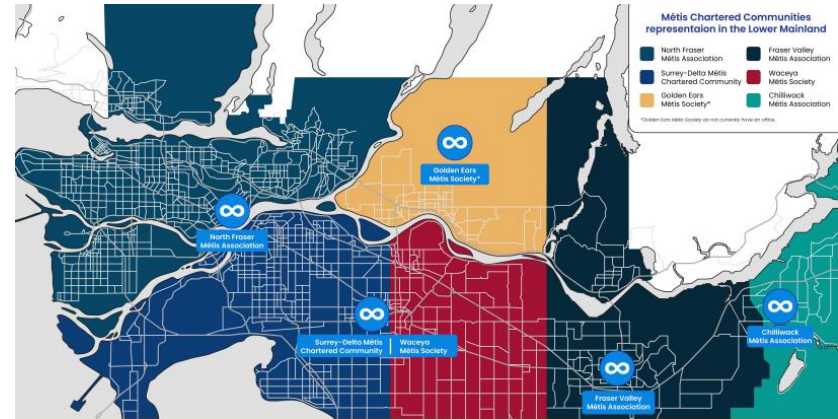
**Benny Bloomfield – Project Planning Leader**

**Trish Postill – Client Care Coordinator**

**May 2024**

# Land Acknowledgment

*Fraser Health provides care on the traditional, ancestral and unceded territories of the Coast Salish and Nlaka'pamux Nations, and is home to the six Métis Chartered Communities*



# Learning Objectives

- Introduction and History of ACT
- Locations
- Eligibility and Criteria
- Core Values and Goals
- Service Delivery Model
- Length of Treatment
- Referral Process and Acceptance
- Team Contact Information

# History of ACT

- Shift from in-patient model to community model
- Focused on bringing services to the person/community
- Implemented worldwide
- First Fraser Health ACT Team: Surrey
- BC: 34 teams
- FHA: 7 teams

# Core Values and Goals

- Person-centred and trauma informed
- Housing First model
- Harm Reduction focused
- Psychosocial Rehabilitation
- Reduce frequency of hospital and police presentations
- Wrap around services
- Emphasis on building relationships

# Service Delivery

- Team-based care
- Shared caseload
- Outreach based service
- Continuity of care
- Intensive supports and engagement strategies
- Extended hours

# Service Delivery

- Focused on goals, skills training and connection
- Services are tailored for the person
- Improve functioning
- Symptom management
- Long-term treatment approach

# Eligibility

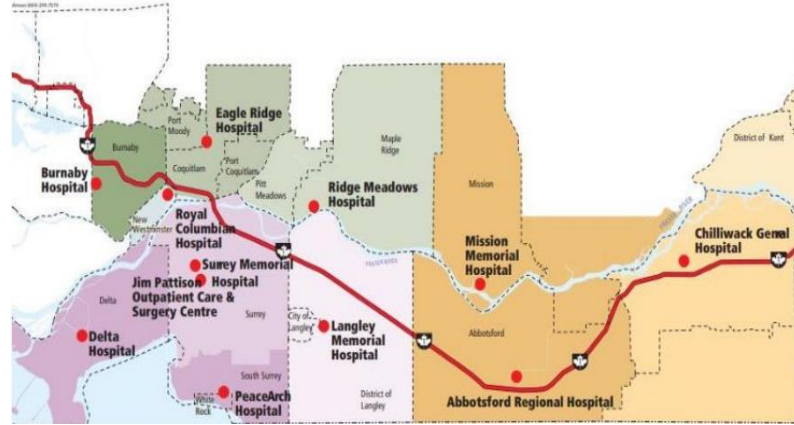
## Enhanced ACT (Langley, Abbotsford/Mission, Maple Ridge, New West/Tri-Cities)

- Is an adult (over 19+)
- Calls Langley/Abbotsford/Mission/Maple Ridge/New West or Tri-Cities home
- Ongoing history of being at risk of or currently homeless or precariously housed
- Complex and significant mental health and/or substance use challenges that severely impact functioning
- Has not been able to have needs met by other agencies
- Requires individualized community based supports to meet wellness goals



# Locations

- Abbotsford/Mission
- Maple Ridge
- Langley
- Surrey
- Surrey/Delta
- New Westminster/Tri-Cities
- Burnaby



# Eligibility

## Traditional ACT (All except Langley)

- Severe/persistent mental illness that seriously impairs function
- Inability to perform ADLS or maintain employment/maintain home or safe living situation
- High use of services
- Severe symptoms *or* coexisting substance use disorder ***or*** coexisting development disability ***or*** inability to consistently meet basic needs ***or*** able to transition to independent living with ACT supports ***or*** difficulty utilizing traditional office-based services

# Length of Treatment

- Indefinite service delivery
- Treatment intensity varies based on needs
- Engagement is not dependent on services received
- Recognize that needs vary over time
- Slow transitions to stepdown services when appropriate

# Referral Process

- Fax referral
- Assessment & Collateral
- Referral Screening Meeting
- Outcome: Acceptance or Recommendations
- Transition of care

# Team Contact Information

## ABBOTSFORD/MISSION

#101 - 32463 Simon Ave

Office: 604-851-3750

Fax: 604-851-3755

Coordinator: Patricia Postill

## SURREY & SURREY/DELTA

#203 – 737 137 Street

Office: 604-592-2700

Fax: 604-592-2701

Surrey Coordinator: Harinder Dhillon

SurDel Coordinator: Wendy Baak

## BURNABY

4940 Canada Way

Office: 604-777-6828

Fax: 604-777-6848

Coordinator: Vacant (Baldish Badial May 22 – temp)

## MAPLE RIDGE

#205 – 11743 224 Street

Office: 604-476-4660

Fax: 604-463-0455

Coordinator: Jennifer Kildare

## LANGLEY

#215 – 6470 201 Street

Office: 236-332-9203

Fax: 604-533-1575

Coordinator: Vacant (Gurpreeti Sawa May 13<sup>th</sup>)

## NEW WEST/TRI-CITIES

New West: #340 – 204 6 Street

Tri-Cities: 2232 Elgin Ave

Office: 604-777-6828

Fax: 604-777-6848

Coordinator: Kimberly Gray