

22 BENEFITS

OF PARKS, RECREATION & CULTURE (PRC)

COMMUNITY & INDIVIDUAL BENEFITS

1

SUPPORT TO LOCAL GROUPS

Local groups organize and sponsor recreation and culture activities



2

SPECIAL EVENTS



3

EXPOSURE TO SPORTING EVENTS

Creates community identity, spirit, culture: "Sport for Life"



4

GATHERINGS THAT CONNECT PEOPLE



5

FAMILY RECREATION SERVICES

Opportunities to participate in activities together



6

INCLUSIVE PROGRAMMING

Celebrating all (ages, abilities, diversity)



7

EXPOSURE TO CULTURE

"Culture for Life" model



8

MENTAL, EMOTIONAL & PHYSICAL HEALTH



9

PRC EDUCATION

To support individual growth and fulfillment



10

PRE-SCHOOL OPPORTUNITIES

Engaging in physical and cultural literacy



11

BASIC SKILL DEVELOPMENT

School Aged Children

123

12

ADVANCED DEVELOPMENT

School Aged Children



13

SOCIAL OPPORTUNITIES FOR TEENS



14

BASIC SKILL DEVELOPMENT

Adults



15

OPPORTUNITIES FOR SENIORS



16

COMMUNICATION

Information on programs and activities easily accessible multiple ways



22 BENEFITS

OF PARKS, RECREATION & CULTURE (PRC)

COMMUNITY & INDIVIDUAL BENEFITS

17 PROTECTING NATURAL RESOURCES:

URBAN FOREST, SCENERY,
NATURAL WONDERS &
CULTURAL FEATURES



18 BEAUTIFY THE COMMUNITY

LANDSCAPING, PUBLIC PLAZAS,
TREE CANOPY, PUBLIC ART



19 CONNECTING WITH NATURE

NATURE ENHANCES HEALTH AND WELL-BEING



20 ADVANCED SKILL DEVELOPMENT: ADULTS



21 ENVIRONMENTAL EDUCATION



22 REFLECTION, ESCAPE, RELAXATION & CONTACT WITH NATURE

