

COME IN ON MARCH 13<sup>th</sup> FOR...

# FITNESSfantasy 2010



## FITNESS FANTASY @ HOME

A complete 90-day personal fitness plan.

Come in and get started,  
and you'll get:

- **A Personal Fitness Book**
- **FREE Personal Fitness Profile**  
(available 1 day only!)
- **FREE Training Program**
- **FREE Running/Cycling Programs**
- **FREE 90-Day Nutrition Program**
- **FREE Healthy, Great Tasting Recipes**



The 90-DAY FITNESS FANTASY @ HOME program generates dramatic, visible results. You must have a starting point for comparison.

So come into this Center on March 13th to get all your BEFORE measurements or enter them online.

**Contest Start:** March 15<sup>th</sup>  
**Measurements:** March 13<sup>th</sup>, Noon to 5pm

You can register online  
[www.FitnessFantasy2010.com](http://www.FitnessFantasy2010.com)

Watch us on GlobalBC's  
News Hour and Noon  
News Hour every  
Wednesday

You could  
win one of 6  
great weekend  
getaways!

