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# NEWS RELEASE

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## **ARC Celebrates One Year of Recreation, Health and Fitness**

**Abbotsford, October 21, 2009** – The Abbotsford Recreation Centre (ARC) will celebrate its one year anniversary with a free community open house on October 24 from 1pm to 4pm.

“We are extremely proud to be celebrating one year of success at ARC,” said Mayor George W. Peary. “A complete community is one that offers each and every resident the opportunity of health, recreation, and social well-being. ARC helps us meet this important community goal.”

The unique open concept layout of ARC accommodates a variety of recreational interests for all ages and up to 1,500 patrons per-day take part in activities within the facility.

In just one year of operation, the Centre has served:

- Over 5,500 children in swimming lessons
- Over 56,000 people in fitness classes such as Dance Fit, Step Up, Cycle Fit
- Over 4,600 children were watched in the child activity centre
- Over 2,288 public swim sessions
- Over 22,000 participants in public skate sessions

The 59,000 square foot community recreation centre officially opened to the public on October 25, 2008. Features of the facility include a 10,000 sq ft. weight room and indoor running track, 25 meter swimming pool, Olympic size ice arena, double gymnasium, multi-purpose rooms, seniors, youth and children activity centres.

For more information on ARC and the programs it offers, visit [www.abbotsford.ca/parksrecreationandculture.htm](http://www.abbotsford.ca/parksrecreationandculture.htm).

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