



ABBOTSFORD EMERGENCY PROGRAM

Emergency Kit Checklist

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ABBOTSFORD EMERGENCY PROGRAM
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abbotsford.ca/emergency





Build your Emergency Kit

Include the following items in your emergency kit to be prepared for any emergency.

- Garbage can with a secure lid and wheels. Label it **EMERGENCY KIT** and place it near an outer window or door inside your garage, or as close to your front door as possible.
- WATER:** 3 - 5 day supply per person, including pets. It is best to plan for four litres of water per person, per day. You may want to consider water purification tablets as well.
- FOOD:** 3 - 5 day supply per person of packaged and non perishable foods.
- FIRST AID KIT**
- PERSONAL ITEMS**
- PAPERS AND DOCUMENTS:** Assemble and make copies of important documents. Store originals in a fireproof safe or waterproof container that will be accessible if your home is damaged.
- PET EMERGENCY KIT**
- Sleeping bags or blankets for each family member
- HELP** sign and **OK** sign
- Manual can opener
- Pocket knife
- Cutlery
- Whistle
- Spare set of house and car keys
- Flashlight and extra batteries or a wind up flashlight
- Portable radio and extra batteries, or a wind up radio
- Candles and waterproof matches
- Books, toys, playing cards
- Large bucket with tight-fitting lid (to use as a toilet)
- Heavy duty garbage bags (can be used as ponchos and in the bucket)
- 1 week supply of prescription medicine and re-fill information
- Current photos of each member of your family, including your pets.

FOOD

- Canned meats
- Baked beans
- Peanut butter
- Tuna
- Stew
- Dried fruit
- Pet food
- Evaporated, canned or powdered milk
- Baby food, formula, bottles (if needed)

FIRST AID KIT

- Prescription medications
- Eyeglasses
- Bandages
- Sterile gauze pads
- Tape, scissors
- Tweezers
- Antibiotic ointment
- Hydrogen peroxide

PERSONAL ITEMS

- Change of clothing for each family member
- Toilet paper
- Disposable infant diapers (if needed)
- Handi-wipes
- Soap
- Detergent
- Toothbrush and toothpaste
- Comb
- Feminine hygiene products

PAPERS & DOCUMENTS

- Wills
- Insurance papers
- Medical records
- Credit card numbers
- Inventory of possessions
- Identification

PET EMERGENCY KIT

- Food – 2 week supply
- Water – 2 week supply
- Portable kennel or cage (train your pet to go inside, prior to an incident)
- Food and water dishes (include dish soap and cloth to clean)
- Toys and treats
- Extra ID tags
- Pet first aid kit
- Pet health and vaccination records (most boarding facilities will not accept pets, without these)
- Plastic bags to collect and dispose of waste
- Litter pan and litter
- Collar, chain, leash or harness
- Blanket
- Medication (2 week supply)
- Current photo of your pet
- List of boarding facilities in your area
- List of Hotels that accept pets, or friends/relatives that you and your pet can stay with
- Designate a back-up caregiver for your pet in advance in case you are away from home when emergency strikes.

The likelihood that you and your family will recover from an emergency tomorrow often depends on the planning and preparation done today.

While each person's abilities and needs are unique, every individual can take steps to prepare for all kinds of emergencies from fires and floods to earthquakes. By evaluating your own personal needs and making an emergency plan that fits those needs, you and your loved ones can be better prepared.

Get Ready Now.



Abbotsford Emergency Program

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