

# ABBOTSFORD EMERGENCY PROGRAM Preparing for an Active Intruder

Active deadly threats are rare in Canada but they do happen. It takes time for responders to arrive and you may have to take safety into your own hands

## DURING AN ACTIVE THREAT

Active threat situations can be over within 10 to 15 minutes, it is important that you are prepared to Get Out, Hide, and Take Action.

### **Get Out**

- Make mental notes of your workspace & means of escape wherever you may be.
- If you hear something that could be an immediate threat (gunshots, explosion, etc), don't wait: get out.

### Hide

- Hide if you don't know exactly where the immediate threat is happening or it's too late to escape safely.
- Get behind a lockable door if you can. Barricade the door. Use any object you can
  to prevent someone from entering.
- Once you are hidden, silence your phone, turn off the lights and stay quiet. If your spot is secure, be prepared to remain there until the police come to you with the 'all clear'.

### **Take Action**

- Fighting is your absolute last resort. You would only confront an active attacker if you somehow became trapped in a space with no escape.
- Active attackers typically don't respond to reason so you must assume they intend to harm you.
- Find an object you can use to strike the attacker with; be as aggressive as you can; do anything you can to stop them.
- Just in case communication is not possible. Determine meeting places ahead
  of time for your family. Determine locations outside of your neighbourhood, and
  outside of your city.

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### AFTER AN ACTIVE THREAT

**Alert the authorities**. Call 911 and report the situation as soon as it is safe to do so. When the police arrive:

- Do not interfere with the immediate response of emergency personnel.
- Remain calm and follow the officers' instructions.
- Do not run towards emergency responders unless directed to do so.
- Keep your hands visible at all times.
- Remain available to answer questions and be accounted for by the Police.

### REPORT A CONCERN

If someone is committing violence, or is about to commit violence, call 911.

If you are worried about something you observe, contact 911.

If you have a worried feeling about someone in your workplace but aren't sure what to do, contact your manager or Human Resources. They can answer questions and guide you.