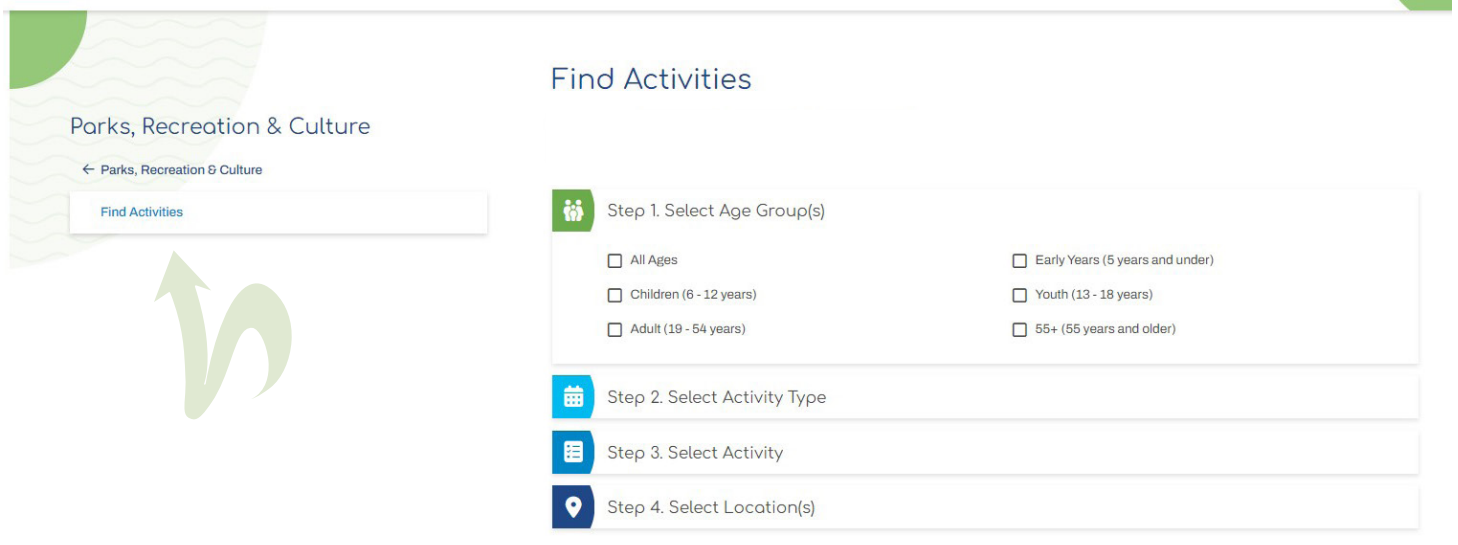


HOW TO USE DIRECT2REC

Step 1 - Activities Search

Visit abbotsford.ca/prc. Click on the Find Activities page.



The screenshot shows the 'Find Activities' page on the website. On the left, there is a sidebar with the text 'Parks, Recreation & Culture' and a 'Find Activities' button. A green arrow points to this button. The main content area is titled 'Find Activities' and contains four steps:

- Step 1. Select Age Group(s)**
 - All Ages
 - Children (6 - 12 years)
 - Adult (19 - 64 years)
 - Early Years (5 years and under)
 - Youth (13 - 18 years)
 - 55+ (55 years and older)
- Step 2. Select Activity Type**
- Step 3. Select Activity**
- Step 4. Select Location(s)**

HOW TO USE SEARCH FUNCTION

Step 2- Drop in Selections

From here you have the option of looking for Drop-in (Find One Time Activities & Reservations) or Programs (Find Registered Activities)

1. Select age group - you can select multiple
2. Select activity type - Drop-in
3. Select activity - this is based on your age group selection. Select the activities that you are interested in
4. Select location - you can choose to select all or individual facilities the programs are offered at. Not all programs are offered at both facilities.



Step 1. Select Age Group(s)

<input type="checkbox"/> All Ages	<input type="checkbox"/> Early Years (5 years and under)
<input checked="" type="checkbox"/> Children (6 - 12 years)	<input type="checkbox"/> Youth (13 - 18 years)
<input type="checkbox"/> Adult (19 - 54 years)	<input type="checkbox"/> 55+ (55 years and older)

Step 2. Select Activity Type

Drop-Ins Find One Time Activities & Reservations | Programs Find Registered Activities

Step 3. Select Activity

Aquatics	—
<input type="checkbox"/> Length Swim	<input type="checkbox"/> Public Swim
Arenas	—
<input type="checkbox"/> Ice Experience Skate	<input type="checkbox"/> Ice Hockey
<input checked="" type="checkbox"/> Public Skate	<input type="checkbox"/> Roller Skate & Hockey
Childminding	—
<input type="checkbox"/> Childminding	
Fitness & Wellness	—
<input type="checkbox"/> External Trainers	<input type="checkbox"/> Fitness Centres
Sports	—
<input checked="" type="checkbox"/> Adapted	<input type="checkbox"/> Badminton
<input checked="" type="checkbox"/> Basketball	<input type="checkbox"/> Pickleball
<input type="checkbox"/> Ping Pong	<input checked="" type="checkbox"/> Playtime
<input type="checkbox"/> Soccer	<input type="checkbox"/> Volleyball


Step 4. Select Location(s)

Select all locations available

Abbotsford Recreation Centre (ARC)

Matsqui Recreation Centre (MRC)

[Show Results](#)



HOW TO USE SEARCH FUNCTION

Step 3 - Drop in activities search

After you have chosen your search selections, you will be taken to the next page where you can further refine your choices based on days of the week, times, ages, activities and locations. If you click on the Plus signs beside each found activity it will expand and show you the details of your selection or you can click on open all found activities.



The screenshot displays the search results interface. On the left, a 'Refine Your Choices' sidebar contains several filter sections:

- Days:** All Days, Wed, Sat, Mon, Thu, Sun, Tue, Fri.
- Times:** All Times, Before 9 a.m., 9 a.m. to 12 p.m., 12 p.m. to 3 p.m., 3 p.m. to 6 p.m., After 6 p.m.
- Age Groups:** Children (5 - 12 years), Show All Age Groups.
- Activities:** Avenez (Ice Experience Skate, Ice Hockey, Public Skate, Roller Skate & Hockey), Sports (Adapted, Badminton, Basketball, Pickleball, Ping Pong, Playtime, Soccer, Volleyball), Show All Activities.
- Locations:** Abbotsford Recreation Centre (ARC), Show All Locations.

On the right, the 'Found Activities' section shows a list of dates from Friday, 3 Mar to Monday, 2 Apr. Each date entry includes a plus sign (+) to expand details. At the top right of this section are links for 'Open all found activities' and 'Print Page'. A 'Back to top' link is located at the bottom right.

HOW TO USE SEARCH FUNCTION

Step 4 - Drop in print page option

From here you can choose to **Print** page or if there is an option to register for the activity you can click on the **BLUE** register now and it will take you to direct2rec.com. If there is a **BLUE** More info button, then the activity has either passed, does not accept reservations or is available for drop in only.

Refine Your Choices

Days

All Days Mon Tue
 Wed Thu Fri
 Sat Sun

Times

All Times
 Before 9 a.m.
 9 a.m. to 12 p.m.
 12 p.m. to 3 p.m.
 3 p.m. to 6 p.m.
 After 6 p.m.

Age Groups


Children (6 - 12 years)
 Youth (13 - 18 years)
[Show All Age Groups](#)

[< Back To Search](#)

Found Activities

[Open all found activities](#) [Print Page](#)

3 Mar Friday

5:30am - 10:00pm	Track Time Abbotsford Recreation Centre (ARC) ARC - Track	\$0.00 - \$13.90	 More Info
5:30am - 10:00pm	Weight Room Abbotsford Recreation Centre (ARC) ARC - Weight Room	\$0.00 - \$13.90	More Info
6:00am - 10:00pm	Weight Room Matsqui Recreation Centre (MRC) MRC - Weight Room	\$0.00 - \$13.90	More Info
10:00am - 4:00pm	Public Swim Matsqui Recreation Centre (MRC) MRC Pool - Schedule	\$0.00 - \$13.90	More Info

Refine Your Choices

Days

- All Days Mon Tue
 Wed Thu Fri
 Sat Sun


Times

- All Times
 Before 9 a.m.
 9 a.m. to 12 p.m.
 12 p.m. to 3 p.m.

Activities Search Results

[Open all found activities](#) [Print Page](#)

9 Mar Thursday

5:30am - 8:15am	Early Riser Basketball Abbotsford Recreation Centre (ARC) ARC - Gym 1	\$0.00 - \$13.90	 Register
8:30am - 9:30am	Basketball Abbotsford Recreation Centre (ARC) ARC - Gym 1	\$0.00 - \$13.90	Register

HOW TO USE SEARCH FUNCTION

Step 5 - Select Activity type Programs

The steps are the same for selecting activity type - PROGRAMS but your results will now filter out registerable programs based on your age selection. Select the program activities that you want information on.



Step 1. Select Age Group(s)

- | | |
|---|--|
| <input type="checkbox"/> All Ages | <input type="checkbox"/> Early Years (5 years and under) |
| <input type="checkbox"/> Children (6 - 12 years) | <input type="checkbox"/> Youth (13 - 18 years) |
| <input checked="" type="checkbox"/> Adult (19 - 54 years) | <input checked="" type="checkbox"/> 55+ (55 years and older) |



Step 2. Select Activity Type

Drop-Ins

Find One Time Activities & Reservations

Programs

Find Registered Activities



Step 3. Select Activity

Aquatics

- | | |
|--|---|
| <input checked="" type="checkbox"/> Master Swim | <input type="checkbox"/> Swim Group Lessons |
| <input type="checkbox"/> Swim Private/Semi Private Lessons | |

Arenas

- | | |
|---|---|
| <input checked="" type="checkbox"/> Skate Group Lessons | <input type="checkbox"/> Skate Private/Semi Private Lessons |
|---|---|

Certifications & Workshops

- | | |
|---|--|
| <input checked="" type="checkbox"/> Aquatic Certification | <input type="checkbox"/> First Aid Courses |
|---|--|

Fitness & Wellness

- | | |
|---|----------------------------------|
| <input type="checkbox"/> BCRPA Programs | <input type="checkbox"/> Cardiac |
|---|----------------------------------|

HOW TO USE SEARCH FUNCTION

Step 5 - Program Results

You can further refine your search by clicking on availability, day, time, age groups and location options on the right. You can click on the **BLUE** Show button to show you more information about the programs. If the program is available to register there will be a **BLUE** register button, if it's not available you will have the option of joining a waitlist. You also have the option of printing the selection page with your results.



Availability

Show Spots Available

Show waitlists

Days

All Days Mon Tue

Wed Thu Fri

Sat Sun

Times

All Times

Before 9 a.m.

9 a.m. to 12 p.m.

12 p.m. to 3 p.m.

3 p.m. to 6 p.m.

After 6 p.m.

Age Groups

Adult (19 - 54 years)

55+ (55 years and older)

Show All Age Groups

Activities

Aquatics

Master Swim

Swim Group Lessons

Swim Private/Semi Private Lessons

Arenas

Skate Group Lessons

Skate Private/Semi Private Lessons







Certifications & Workshops

Aquatic Certification

First Aid Courses

Show All Activities



A Aquatic Certification			
	Bronze Cross Show description		SHOW
	Bronze Medallion Show description		SHOW
	Bronze Medallion/Bronze Cross Combo Show description		SHOW
	Career Aquatic Training School Show description		SHOW
	Lifesaving Society- Swim for Life Instructor Show description		SHOW
	NL Pool Show description		HIDE
NL Pool	5 sessions	\$515.00	
15 yrs+ Course ID #00073380	Every Mon, Tue, Wed, Thu, Fri 8:00am - 5:30pm Mar 20 - 24	Join Waitlist	0 spot(s) left
Matsqui Recreation Centre (MRC) - MRC - Multi Purpose 1 (Arena)			
NL Pool	10 sessions	\$515.00	
16 yrs+ Course ID #00072234	Every Mon, Wed, Fri 9:00am - 2:00pm May 17 - Jun 7	Register	12 spot(s) left
Matsqui Recreation Centre (MRC) - MRC - Multi Purpose 1 (Arena)			

HOW TO USE SEARCH FUNCTION

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NL Pool

REGISTER NOW

17-May-2023 - 07-Jun-2023

Various times

12 spot(s) left

Registration ends on 17-May-2023 at 09:00 AM

Fees

AQ - Aquatic Certification	\$515.00 <small>No Tax</small>
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Course Dates

10 sessions		Every Mon, Wed, Fri
17-May-2023	09:00 AM - 02:00 PM	MRC - Multi Purpose 1 (Arena)
19-May-2023	09:00 AM - 02:00 PM	MRC - Multi Purpose 1 (Arena)
22-May-2023	10:00 AM - 03:00 PM	MRC - Multi Purpose 1 (Arena)
24-May-2023	09:00 AM - 02:00 PM	MRC - Multi Purpose 1 (Arena)
26-May-2023	09:00 AM - 02:00 PM	MRC - Multi Purpose 1 (Arena)
29-May-2023	09:00 AM - 02:00 PM	MRC - Multi Purpose 1 (Arena)
31-May-2023	09:00 AM - 02:00 PM	MRC - Multi Purpose 1 (Arena)
02-Jun-2023	09:00 AM - 02:00 PM	MRC - Multi Purpose 1 (Arena)
05-Jun-2023	09:00 AM - 02:00 PM	MRC - Multi Purpose 1 (Arena)
07-Jun-2023	09:00 AM - 02:00 PM	MRC - Multi Purpose 1 (Arena)

About this Course

The National Lifeguard course is the last course in the Lifeguard stream required at pools across Canada. This course will ensure that candidates leave with a solid understanding of lifeguard principles, communication techniques and develop solid judgement skills for emergency procedures. Candidates focus on team-work skills throughout the course and learn how to adapt to different aquatic facilities.

Course Manual and Supplies may be required to be purchased from the instructor

Standard First Aid certification are only accepted from the following agencies: Canadian Red Cross (all LIT Courses are Red Cross), St. John's Ambulance, Lifesaving Society, Heart and Stroke of Canada, Canadian Ski Patrol

Prerequisites: 15 years old by last day of the course, Bronze Cross, 14 hour Standard First Aid (from a recognized agency)

Matsqui Recreation Centre (MRC) [Show Map](#)

Course ID 00077234

Restrictions

< Back

NL Pool

WAITLIST

20-Mar-2023 - 24-Mar-2023

08:00 am - 05:30 pm

FULL - Waitlist Available

Registration ends on 20-Mar-2023 at 08:00 AM

Fees

AQ - Aquatic Certification	\$515.00 <small>No Tax</small>
----------------------------	-----------------------------------

Course Dates

5 sessions		Every Mon, Tue, Wed, Thu, Fri
20-Mar-2023	08:00 AM - 05:30 PM	MRC - Multi Purpose 1 (Arena)
21-Mar-2023	08:00 AM - 05:30 PM	MRC - Multi Purpose 1 (Arena)
22-Mar-2023	08:00 AM - 05:30 PM	MRC - Multi Purpose 1 (Arena)
23-Mar-2023	08:00 AM - 05:30 PM	MRC - Multi Purpose 1 (Arena)
24-Mar-2023	08:00 AM - 05:30 PM	MRC - Multi Purpose 1 (Arena)

About this Course

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Matsqui Recreation Centre (MRC) [Show Map](#)

Course ID 00073380

Restrictions