



Abbotsford Addictions Centre

Outpatient community-based alcohol and drug counselling program

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OUTPATIENT COMMUNITY-BASED
ALCOHOL AND DRUG
COUNSELLING PROGRAM

Abbotsford Addictions Centre

Therapists provide free alcohol and drug outpatient services, with a multicultural and seniors addictions component. We serve both youth and adults that are using and also those affected by substance misuse.

► Services Provided

- Individual, couples, and family counselling
- Recovery and support groups
- Substance affected group
- Referrals to other services.
- Prevention activities in the community
- Smart Recovery

“You made me feel like a worthwhile human being.”

About Abbotsford Addictions Centre

- We are an outpatient community-based alcohol and drug counselling program founded in 1988.
- We work with individuals, couples, and families providing one-to-one counselling, couple and family counselling, and groups.
- We serve youth and adults regarding their own substance misuse or the effect that someone else's substance misuse has on others.
- We are funded by the Fraser Health Authority, so there is no charge for any of our services.
- We use a bio-psycho-social-spiritual, trauma informed, professional approach to help people resolve their problems.

About Abbotsford Addictions Centre – Continued...

- We provide referrals to other services in the addiction field, such as day treatment and residential.
- We provide pamphlets, videos, and other resources to the community. We also provide public presentations upon request.
- We do prevention work in the schools and community and sponsor several community committees dealing with prevention.
- Our staff continuously upgrade their knowledge and skills in order to provide effective services. We provide culturally sensitive counselling and can provide services in Hindi, Urdu and Punjabi.

Who We Help

- Clients with a substance use issue
- Friends and family affected by someone else's substance use

To Access the Abbotsford Addictions Centre

- You can be referred by a professional or you can refer yourself
- We have a continuous intake Monday through Friday during our office hours

Contact Info

AAC@archway.ca
Phone: 604.850.5106
Fax: 604.850.5492

Office Hours

8:30am – 4:30pm
Monday – Friday

Closed between 12pm – 1pm

Address

Archway Community Services
202-31943 South Fraser Way
Abbotsford, BC V2T 1V5